

Chocolate Chip Sandwich Cookies







DESSERT

Ingredients

19 oz chocolate chip cookie mix gluten free
0.5 cup butter softened
1 teaspoon vanilla gluten-free
1 eggs beaten
O.3 cup granulated sugar
1 cup semi chocolate chips
0.5 cup creamy peanut butter
0.3 cup whipping cream

0.7 cup powdered sugar

Equipment		
	bowl	
	baking sheet	
	oven	
	microwave	
Directions		
	Heat oven to 350°F. In medium bowl, stir cookie mix, butter, vanilla and egg until soft dough forms (dough will be crumbly).	
	In small bowl, place granulated sugar. Shape dough into 1-inch balls.	
	Roll in sugar. On ungreased cookie sheets, place balls 2 inches apart. With smooth-bottomed glass, flatten each ball to about 1/4-inch thickness.	
	Bake 8 to 10 minutes or until edges are lightly browned.	
	Remove from cookie sheets to cooling racks. Cool completely, about 30 minutes.	
	In medium bowl, place chocolate chips and peanut butter. In small microwavable bowl, microwave whipping cream on High 30 to 60 seconds.	
	Pour cream over chips and peanut butter; stir until chips are melted. Stir in powdered sugar until smooth.	
	For each sandwich cookie, spread 1 tablespoon filling on bottom of 1 cookie; top with second cookie, bottom side down.	
	Let stand until set.	
Nutrition Facts		
	PROTEIN 4.65% FAT 55.83% CARBS 39.52%	

Properties

Glycemic Index:8.31, Glycemic Load:9.46, Inflammation Score:-3, Nutrition Score:3.9595651690565%

Nutrients (% of daily need)

Calories: 281.06kcal (14.05%), Fat: 17.71g (27.25%), Saturated Fat: 8.29g (51.81%), Carbohydrates: 28.21g (9.4%), Net Carbohydrates: 26.59g (9.67%), Sugar: 17.52g (19.46%), Cholesterol: 25.06mg (8.35%), Sodium: 150.97mg (6.56%), Alcohol: 0.06g (100%), Alcohol %: 0.14% (100%), Caffeine: 7.04mg (2.35%), Protein: 3.32g (6.64%), Manganese: 0.2mg (9.78%), Magnesium: 33.01mg (8.25%), Vitamin B3: 1.34mg (6.72%), Fiber: 1.62g (6.49%), Copper: 0.13mg (6.46%), Vitamin B1: 0.09mg (6.22%), Phosphorus: 60.45mg (6.04%), Folate: 22.69µg (5.67%), Iron: 0.96mg (5.31%), Vitamin E: 0.76mg (5.04%), Vitamin B2: 0.08mg (4.6%), Vitamin A: 196.83IU (3.94%), Potassium: 131.83mg (3.77%), Zinc: 0.53mg (3.52%), Selenium: 1.74µg (2.48%), Vitamin B6: 0.03mg (1.68%), Vitamin B5: 0.13mg (1.32%), Calcium: 12.76mg (1.28%), Vitamin K: 1.09µg (1.04%)