



Chocolate Chip Sprinkle Cookies

READY IN



25 min.

SERVINGS



90

CALORIES



109 kcal

DESSERT

Ingredients

- 2 cups butter softened
- 1 cup sugar
- 1 cup brown sugar packed
- 2 large eggs room temperature
- 1.5 teaspoons vanilla extract
- 4 cups flour all-purpose
- 1 teaspoon baking soda
- 0.5 teaspoon salt
- 2 cups semi chocolate chips

- 0.5 cup oats
- 0.5 cup rice cereal crisp
- 0.5 cup sprinkles
- 0.5 cup pecans chopped

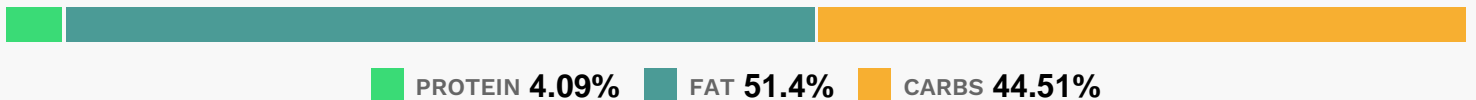
Equipment

- bowl
- baking sheet
- oven

Directions

- In a large bowl, cream butter and sugars until light and fluffy, 5–7 minutes.
- Add the eggs, 1 at a time, beating well after each addition. Beat in vanilla.
- Combine the flour, baking soda and salt; gradually add to creamed mixture and mix well. Stir in remaining ingredients.
- Drop by rounded tablespoonfuls 2 in. apart onto greased baking sheets.
- Bake at 375° for 8–10 minutes or until lightly browned.
- Remove to wire racks to cool.

Nutrition Facts



Properties

Glycemic Index:3, Glycemic Load:4.79, Inflammation Score:-1, Nutrition Score:1.9608695705462%

Flavonoids

Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg Delphinidin: 0.04mg, Delphinidin: 0.04mg, Delphinidin: 0.04mg, Delphinidin: 0.04mg Catechin: 0.04mg, Catechin: 0.04mg, Catechin: 0.04mg, Catechin: 0.04mg Epigallocatechin: 0.03mg, Epigallocatechin: 0.03mg, Epigallocatechin: 0.03mg, Epigallocatechin: 0.03mg Epigallocatechin 3–gallate: 0.01mg, Epigallocatechin 3–gallate: 0.01mg, Epigallocatechin 3–gallate: 0.01mg

Nutrients (% of daily need)

Calories: 109.19kcal (5.46%), Fat: 6.3g (9.7%), Saturated Fat: 3.6g (22.52%), Carbohydrates: 12.28g (4.09%), Net Carbohydrates: 11.71g (4.26%), Sugar: 6.93g (7.7%), Cholesterol: 15.22mg (5.07%), Sodium: 60.34mg (2.62%), Alcohol: 0.02g (100%), Alcohol %: 0.13% (100%), Caffeine: 3.44mg (1.15%), Protein: 1.13g (2.26%), Manganese: 0.14mg (6.98%), Selenium: 2.84µg (4.06%), Vitamin B1: 0.05mg (3.5%), Copper: 0.07mg (3.46%), Iron: 0.59mg (3.27%), Folate: 11.3µg (2.83%), Vitamin A: 134.4IU (2.69%), Magnesium: 10.7mg (2.68%), Phosphorus: 23.78mg (2.38%), Fiber: 0.57g (2.29%), Vitamin B2: 0.04mg (2.25%), Vitamin B3: 0.38mg (1.91%), Zinc: 0.21mg (1.39%), Vitamin E: 0.17mg (1.12%), Potassium: 38.98mg (1.11%)