



Chocolate Chip Toffee Bars with Almonds

READY IN



45 min.

SERVINGS



36

CALORIES



190 kcal

DESSERT

Ingredients

- 0.5 cup almonds divided sliced
- 18 ounce chocolate chip cookie dough refrigerated
- 1 cup semi-sweet chocolate chips
- 1 cup coconut or sweetened divided flaked
- 14 ounce condensed milk sweetened canned
- 1 cup almond toffee bits
- 1 Stick reynolds wrap) non foil

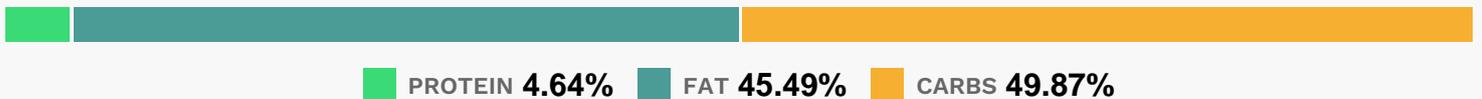
Equipment

- frying pan
- oven
- wire rack
- baking pan
- aluminum foil
- cutting board

Directions

- Preheat oven to 350 degrees F. Line a 13x9x2-inch baking pan with Reynolds Wrap® Non-Stick Foil with non-stick (dull) side toward food, extending foil over sides of pan; set aside.
- Press cookie dough evenly in bottom of foil-lined pan.
- Bake 15 to 17 minutes or until lightly browned crust has formed on top of dough.
- Remove from oven.
- Combine sweetened condensed milk, toffee bits, 1/2 cup coconut and 1/4 cup almonds.
- Spread evenly over hot baked cookie dough.
- Sprinkle chocolate chips, remaining coconut and almonds over mixture. Return to oven.
- Continue baking 20 to 25 minutes until bubbly and coconut is a light golden brown; cool in pan on a wire rack. Use foil to lift bars from pan onto a cutting board.
- Cut into bars.

Nutrition Facts



Properties

Glycemic Index:5.69, Glycemic Load:10.32, Inflammation Score:-2, Nutrition Score:2.8634782912938%

Flavonoids

Cyanidin: 0.03mg, Cyanidin: 0.03mg, Cyanidin: 0.03mg, Cyanidin: 0.03mg Catechin: 0.02mg, Catechin: 0.02mg, Catechin: 0.02mg, Catechin: 0.02mg Epigallocatechin: 0.03mg, Epigallocatechin: 0.03mg, Epigallocatechin: 0.03mg, Epigallocatechin: 0.03mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Isorhamnetin: 0.03mg,

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Nutrients (% of daily need)

Calories: 189.89kcal (9.49%), Fat: 9.69g (14.91%), Saturated Fat: 5.06g (31.63%), Carbohydrates: 23.91g (7.97%), Net Carbohydrates: 22.73g (8.26%), Sugar: 17.47g (19.41%), Cholesterol: 12.01mg (4%), Sodium: 81.19mg (3.53%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 4.18mg (1.39%), Protein: 2.22g (4.45%), Manganese: 0.12mg (5.86%), Phosphorus: 58.14mg (5.81%), Vitamin B2: 0.09mg (5.48%), Magnesium: 21.02mg (5.26%), Fiber: 1.18g (4.72%), Vitamin B1: 0.06mg (4.13%), Copper: 0.08mg (4.13%), Calcium: 40.3mg (4.03%), Selenium: 2.53µg (3.62%), Potassium: 115.54mg (3.3%), Iron: 0.58mg (3.25%), Vitamin E: 0.44mg (2.9%), Folate: 11.5µg (2.88%), Zinc: 0.37mg (2.45%), Vitamin A: 107.59IU (2.15%), Vitamin B3: 0.41mg (2.07%), Vitamin B5: 0.12mg (1.15%), Vitamin B12: 0.06µg (1.07%)