

Chocolate Chip-Toffee Scones







MORNING MEAL

BRUNCH

BREAKFAST

DESSERT

Ingredients

3.3 cups flour
1 tablespoon double-acting baking powder
0.3 teaspoon salt
1 cup semi chocolate chips
0.5 cup sugar
12 servings sugar

2 tablespoons butter unsalted melted ()

0.5 cup walnuts toasted chopped

0.5 cup toffee chips english

Ш	2 cups whipping cream chilled	
Equipment		
	bowl	
	baking sheet	
	oven	
Di	rections	
	Preheat oven to 375°F. Lightly butter 2 heavy large baking sheets.	
	Combine flour, 1/2 cup sugar, baking powder and salt in large bowl. Stir in chocolate chips, nuts and toffee bits. Beat cream in another large bowl until stiff peaks form. Fold whipped cream into dry ingredients. Turn dough out onto lightly floured surface. Knead gently until sof dough forms. about 2 minutes. Form dough into ball; pat out to form 1 1/4-inch-thick round.	
	Cut dough into 12 wedges.	
	Transfer wedges to prepared baking sheets, spacing apart.	
	Brush with melted butter.	
	Sprinkle with additional sugar.	
	Bake until golden brown, about 20 minutes.	
	Serve warm.	
Nutrition Facts		
	PROTEIN 4.8% FAT 48.47% CARBS 46.73%	
Properties Glycemic Index:31.52, Glycemic Load:36.46, Inflammation Score:-6, Nutrition Score:10.375217328901%		

Flavonoids

Cyanidin: 0.13mg, Cyanidin: 0.13mg, Cyanidin: 0.13mg, Cyanidin: 0.13mg

Nutrients (% of daily need)

Calories: 527.58kcal (26.38%), Fat: 28.76g (44.25%), Saturated Fat: 16.01g (100.03%), Carbohydrates: 62.4g (20.8%), Net Carbohydrates: 59.96g (21.8%), Sugar: 33.43g (37.15%), Cholesterol: 60.99mg (20.33%), Sodium:

181.2mg (7.88%), Alcohol: Og (100%), Alcohol %: O% (100%), Caffeine: 12.9mg (4.3%), Protein: 6.41g (12.82%), Manganese: 0.6mg (29.89%), Selenium: 14.39μg (20.56%), Vitamin B1: 0.3mg (19.73%), Folate: 68.58μg (17.15%), Copper: 0.32mg (16%), Vitamin B2: 0.27mg (15.76%), Iron: 2.82mg (15.69%), Vitamin A: 763.45IU (15.27%), Phosphorus: 141.06mg (14.11%), Magnesium: 45.04mg (11.26%), Vitamin B3: 2.21mg (11.04%), Calcium: 108.24mg (10.82%), Fiber: 2.44g (9.77%), Zinc: 0.9mg (5.98%), Potassium: 186.66mg (5.33%), Vitamin D: 0.67μg (4.46%), Vitamin E: 0.65mg (4.36%), Vitamin B5: 0.34mg (3.38%), Vitamin B6: 0.06mg (3.05%), Vitamin K: 3.02μg (2.88%), Vitamin B12: 0.11μg (1.75%)