



Chocolate-Chocolate Chip Cookie and Strawberry Gelato Sandwiches

READY IN



45 min.

SERVINGS



12

CALORIES



518 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 2.3 cups flour
- ☐ 0.5 teaspoon almond extract
- ☐ 1 teaspoon baking soda
- ☐ 0.5 cup cocoa powder unsweetened
- ☐ 1 cup t brown sugar dark packed ()
- ☐ 2 large eggs
- ☐ 0.5 teaspoon salt
- ☐ 2 cups semi chocolate chips

- ☐ 0.5 cup sugar
- ☐ 1 cup butter unsalted room temperature (2 sticks)
- ☐ 1 teaspoon vanilla extract

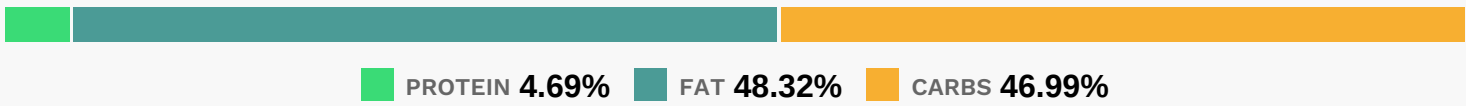
Equipment

- ☐ bowl
- ☐ oven
- ☐ hand mixer

Directions

- ☐ Preheat oven to 375°F. Line 2 large rimmed baking sheets with parchment. Sift first 4 ingredients into bowl. Using electric mixer, beat butter in large bowl until fluffy. Beat in both sugars, then eggs, 1 at a time. Beat in extracts, then flour mixture. Fold in chocolate chips. Drop batter by heaping tablespoonfuls onto prepared sheets, spacing mounds 2 to 3 inches apart. Using moist fingertips, flatten mounds to 3/4-inch thickness.
- ☐ Bake cookies 5 minutes. Reverse sheets.
- ☐ Bake until cookies are puffed and dry-looking but soft to touch, about 5 minutes. Cool completely. Freeze on sheets 15 minutes.
- ☐ Spoon 1/3 cup gelato onto flat side of 1 cookie. Top with second cookie, flat side down; press together. Wrap and freeze. Repeat with remaining gelato and cookies. DO AHEAD: Keep frozen up to 2 days.

Nutrition Facts



Properties

Glycemic Index:12.09, Glycemic Load:18.76, Inflammation Score:-6, Nutrition Score:11.096521709276%

Flavonoids

Catechin: 2.32mg, Catechin: 2.32mg, Catechin: 2.32mg, Catechin: 2.32mg Epicatechin: 7.04mg, Epicatechin: 7.04mg, Epicatechin: 7.04mg, Epicatechin: 7.04mg Quercetin: 0.36mg, Quercetin: 0.36mg, Quercetin: 0.36mg, Quercetin: 0.36mg

Nutrients (% of daily need)

Calories: 517.92kcal (25.9%), Fat: 28.38g (43.66%), Saturated Fat: 16.91g (105.7%), Carbohydrates: 62.11g (20.7%), Net Carbohydrates: 57.75g (21%), Sugar: 37.34g (41.49%), Cholesterol: 73.47mg (24.49%), Sodium: 211.49mg (9.2%), Alcohol: 0.17g (100%), Alcohol %: 0.19% (100%), Caffeine: 34.04mg (11.35%), Protein: 6.19g (12.39%), Manganese: 0.71mg (35.57%), Copper: 0.56mg (28.13%), Iron: 3.77mg (20.93%), Selenium: 14µg (19.99%), Magnesium: 78.93mg (19.73%), Fiber: 4.36g (17.43%), Phosphorus: 151.42mg (15.14%), Vitamin B1: 0.2mg (13.38%), Folate: 48.7µg (12.18%), Vitamin B2: 0.19mg (10.92%), Vitamin A: 532.73IU (10.65%), Zinc: 1.33mg (8.9%), Vitamin B3: 1.75mg (8.75%), Potassium: 290.99mg (8.31%), Calcium: 51.32mg (5.13%), Vitamin E: 0.72mg (4.81%), Vitamin B5: 0.37mg (3.75%), Vitamin K: 3.67µg (3.49%), Vitamin D: 0.45µg (3%), Vitamin B12: 0.16µg (2.67%), Vitamin B6: 0.05mg (2.36%)