



WHATSheATE



Chocolate-Chocolate Chunk Shortbread Cookies



Vegetarian

READY IN



98 min.

SERVINGS



24

CALORIES



207 kcal

DESSERT

Ingredients

- ☐ 0.8 teaspoon almond extract
- ☐ 1.5 sticks butter unsalted diced room temperature
- ☐ 2 large egg yolks
- ☐ 1.5 cups flour all-purpose
- ☐ 0.5 teaspoon salt
- ☐ 1 cup sugar
- ☐ 0.3 cup cocoa powder unsweetened

- ☐ 2 teaspoons vanilla extract
- ☐ 2 cups chocolate dark white chopped

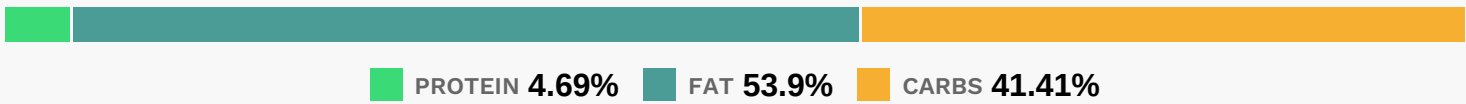
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ whisk
- ☐ blender
- ☐ ice cream scoop

Directions

- ☐ Preheat oven to 375 degrees F.
- ☐ In a small bowl, whisk together flour, cocoa, and salt. In a large mixer, cream butter and sugar until light and fluffy.
- ☐ Add the egg yolks and both extracts and mix until well incorporated.
- ☐ Add flour mixture and process until dough comes together, about 1 minute.
- ☐ Transfer dough to a larger bowl and mix in chopped chocolates with a spoon or hands. Using a 2-ounce ice cream scoop, scoop rounded dough balls onto parchment-lined cookie sheets.
- ☐ Bake cookies until almost firm to touch, about 18 minutes. Cool on racks.

Nutrition Facts



Properties

Glycemic Index:7, Glycemic Load:11.3, Inflammation Score:-3, Nutrition Score:5.1821739518124%

Flavonoids

Catechin: 0.77mg, Catechin: 0.77mg, Catechin: 0.77mg, Catechin: 0.77mg Epicatechin: 2.35mg, Epicatechin: 2.35mg, Epicatechin: 2.35mg, Epicatechin: 2.35mg Quercetin: 0.12mg, Quercetin: 0.12mg, Quercetin: 0.12mg, Quercetin: 0.12mg

Nutrients (% of daily need)

Calories: 206.97kcal (10.35%), Fat: 12.59g (19.37%), Saturated Fat: 7.44g (46.52%), Carbohydrates: 21.76g (7.25%), Net Carbohydrates: 19.52g (7.1%), Sugar: 11.93g (13.25%), Cholesterol: 30.92mg (10.31%), Sodium: 53.35mg (2.32%), Alcohol: 0.16g (100%), Alcohol %: 0.49% (100%), Caffeine: 14.41mg (4.8%), Protein: 2.46g (4.93%), Manganese: 0.39mg (19.29%), Copper: 0.32mg (15.86%), Iron: 2.31mg (12.83%), Magnesium: 41.2mg (10.3%), Fiber: 2.24g (8.97%), Phosphorus: 69.37mg (6.94%), Selenium: 4.72µg (6.75%), Vitamin B1: 0.07mg (4.67%), Zinc: 0.66mg (4.39%), Folate: 16.96µg (4.24%), Vitamin A: 202.61IU (4.05%), Potassium: 134.88mg (3.85%), Vitamin B2: 0.06mg (3.81%), Vitamin B3: 0.65mg (3.23%), Vitamin E: 0.29mg (1.95%), Calcium: 17.03mg (1.7%), Vitamin K: 1.62µg (1.54%), Vitamin B5: 0.15mg (1.48%), Vitamin B12: 0.08µg (1.34%), Vitamin D: 0.18µg (1.22%)