



Chocolate Chunk Blondies

READY IN



130 min.

SERVINGS



24

CALORIES



225 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 1 box vanilla cake donut holes french
- 0.3 cup butter melted
- 2 tablespoons water
- 2 eggs
- 1 cup bittersweet chocolate (from 11.5-oz bag)
- 16 oz chocolate frosting

Equipment

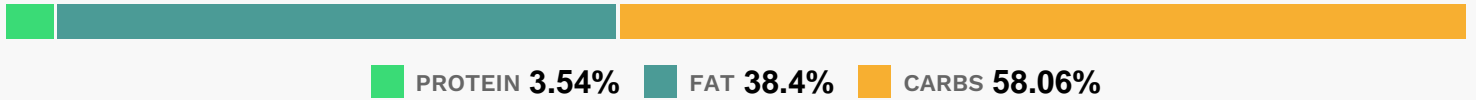
- bowl

- frying pan
- oven
- microwave

Directions

- Heat oven to 350°F (325°F for dark or nonstick pan). Grease or spray bottom only of 13x9-inch pan. In large bowl, mix cake mix, butter, water and eggs with spoon. Stir in chocolate chunks.
- Spread evenly in pan.
- Bake 21 to 26 minutes or until edges are golden brown. Cool completely, about 1 hour.
- In small microwavable bowl, microwave frosting uncovered on High 20 to 25 seconds or until melted; stir.
- Drizzle over bars.
- Let stand about 30 minutes or until frosting is set. For bars, cut into 6 rows by 4 rows. Or for triangles, cut bars into 6 rows by 2 rows, then cut each bar diagonally in half to form triangles. Store covered at room temperature.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:3.7878260253726%

Nutrients (% of daily need)

Calories: 225.3kcal (11.26%), Fat: 9.8g (15.08%), Saturated Fat: 3.71g (23.21%), Carbohydrates: 33.34g (11.11%), Net Carbohydrates: 32.35g (11.76%), Sugar: 22.66g (25.18%), Cholesterol: 14.08mg (4.69%), Sodium: 219.6mg (9.55%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 6.65mg (2.22%), Protein: 2.03g (4.06%), Phosphorus: 114.47mg (11.45%), Manganese: 0.19mg (9.36%), Copper: 0.15mg (7.45%), Iron: 1.21mg (6.74%), Calcium: 56.25mg (5.62%), Selenium: 3.74µg (5.35%), Magnesium: 19.72mg (4.93%), Vitamin E: 0.66mg (4.41%), Folate: 17.02µg (4.26%), Vitamin B2: 0.07mg (4.2%), Fiber: 0.99g (3.96%), Vitamin B1: 0.05mg (3.55%), Vitamin B3: 0.6mg (3.01%), Potassium: 98.13mg (2.8%), Vitamin A: 136.41IU (2.73%), Zinc: 0.39mg (2.63%), Vitamin B5: 0.15mg (1.49%), Vitamin K: 1.12µg (1.06%)