



Chocolate Chunk Bread Pudding with White Chocolate Brandy Sauce

READY IN



45 min.

SERVINGS



9

CALORIES



524 kcal

DESSERT

Ingredients

- ☐ 8 ounce bittersweet chocolate bars (with ghirardelli) chopped
- ☐ 1 pound day-old bread (french)
- ☐ 2 tablespoons butter (melted)
- ☐ 9 servings chocolate brandy sauce (white)
- ☐ 4 large eggs (lightly beaten)
- ☐ 1 cup half-and-half
- ☐ 3.5 cups milk
- ☐ 0.1 teaspoon salt

- ☐ 1 cup sugar
- ☐ 1 tablespoon vanilla extract

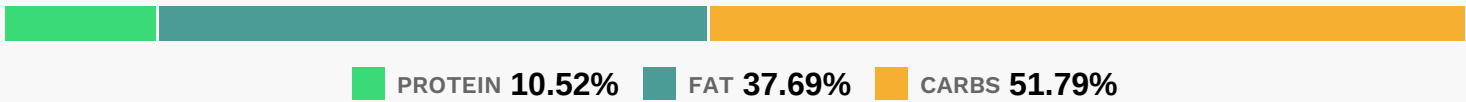
Equipment

- ☐ bowl
- ☐ frying pan
- ☐ oven

Directions

- ☐ Tear bread into small pieces; place in a large bowl.
- ☐ Add milk and half-and-half; let mixture stand 10 minutes.
- ☐ Combine eggs, sugar, butter, vanilla, and salt; add to bread, stirring well. Stir in chopped chocolate. Spoon mixture into a lightly greased 13" x 9" pan.
- ☐ Bake, uncovered, at 325 for 55 minutes or until firm and lightly browned.
- ☐ Cut into squares, and serve warm with White Chocolate Brandy Sauce.

Nutrition Facts



Properties

Glycemic Index:28.73, Glycemic Load:37.77, Inflammation Score:-6, Nutrition Score:16.04956507942%

Nutrients (% of daily need)

Calories: 524.4kcal (26.22%), Fat: 22.01g (33.87%), Saturated Fat: 10.88g (68.02%), Carbohydrates: 68.05g (22.68%), Net Carbohydrates: 64.92g (23.61%), Sugar: 40.29g (44.76%), Cholesterol: 105.19mg (35.06%), Sodium: 452.83mg (19.69%), Alcohol: 0.5g (100%), Alcohol %: 0.25% (100%), Caffeine: 21.67mg (7.22%), Protein: 13.83g (27.65%), Selenium: 26.19µg (37.42%), Vitamin B2: 0.52mg (30.69%), Manganese: 0.61mg (30.63%), Vitamin B1: 0.44mg (29.14%), Phosphorus: 286.38mg (28.64%), Iron: 3.98mg (22.12%), Copper: 0.41mg (20.68%), Calcium: 203.08mg (20.31%), Magnesium: 77.61mg (19.4%), Folate: 73.34µg (18.34%), Vitamin B3: 2.8mg (14%), Vitamin B12: 0.82µg (13.59%), Zinc: 1.98mg (13.23%), Fiber: 3.13g (12.51%), Potassium: 417.1mg (11.92%), Vitamin B5: 1.03mg (10.25%), Vitamin D: 1.49µg (9.92%), Vitamin A: 493.09IU (9.86%), Vitamin B6: 0.17mg (8.64%), Vitamin E: 0.71mg (4.72%), Vitamin K: 2.96µg (2.82%)