



Chocolate Chunk Cookie

READY IN



25 min.

SERVINGS



25

CALORIES



266 kcal

DESSERT

Ingredients

- 1 tsp baking soda
- 0.8 cup brown sugar packed
- 1 cup butter softened
- 2 eggs
- 2.3 cups flour
- 0.8 cup granulated sugar
- 1 cup planters pecans chopped
- 0.3 tsp salt
- 12 oz baker's semi-sweet chocolate chopped

1 tsp vanilla

Equipment

bowl

baking sheet

oven

blender

Directions

Heat oven to 375F.

Combine flour, baking soda and salt. Beat butter and sugars in large bowl with mixer until light and fluffy. Blend in eggs and vanilla. Gradually add flour mixture, mixing well after each addition. Stir in chopped chocolate and nuts.

Drop teaspoonfuls of dough, 2 inches apart, onto baking sheets.

Bake 10 min. or until golden brown. Cool on baking sheet 1 min.

Remove to wire racks; cool completely.

Nutrition Facts



PROTEIN 4.28% **FAT 53.04%** **CARBS 42.68%**

Properties

Glycemic Index:8.2, Glycemic Load:10.42, Inflammation Score:-3, Nutrition Score:5.3030434543996%

Flavonoids

Cyanidin: 0.43mg, Cyanidin: 0.43mg, Cyanidin: 0.43mg, Cyanidin: 0.43mg Delphinidin: 0.29mg, Delphinidin: 0.29mg, Delphinidin: 0.29mg, Delphinidin: 0.29mg Catechin: 0.29mg, Catechin: 0.29mg, Catechin: 0.29mg, Catechin: 0.29mg Epigallocatechin: 0.22mg, Epigallocatechin: 0.22mg, Epigallocatechin: 0.22mg, Epigallocatechin: 0.22mg Epicatechin: 0.03mg, Epicatechin: 0.03mg, Epicatechin: 0.03mg, Epicatechin: 0.03mg Epigallocatechin 3-gallate: 0.09mg, Epigallocatechin 3-gallate: 0.09mg, Epigallocatechin 3-gallate: 0.09mg, Epigallocatechin 3-gallate: 0.09mg

Nutrients (% of daily need)

Calories: 265.9kcal (13.3%), Fat: 15.89g (24.45%), Saturated Fat: 8.04g (50.23%), Carbohydrates: 28.77g (9.59%), Net Carbohydrates: 27g (9.82%), Sugar: 17.61g (19.57%), Cholesterol: 33.43mg (11.14%), Sodium: 140.49mg (6.11%),

Alcohol: 0.06g (100%), Alcohol %: 0.13% (100%), Caffeine: 11.7mg (3.9%), Protein: 2.89g (5.77%), Manganese: 0.44mg (22.06%), Copper: 0.24mg (11.99%), Selenium: 6.39µg (9.13%), Iron: 1.6mg (8.87%), Magnesium: 32.44mg (8.11%), Vitamin B1: 0.12mg (8.05%), Fiber: 1.77g (7.09%), Phosphorus: 67.92mg (6.79%), Folate: 23.45µg (5.86%), Vitamin B2: 0.09mg (5.17%), Vitamin A: 254.94IU (5.1%), Zinc: 0.68mg (4.5%), Vitamin B3: 0.84mg (4.19%), Potassium: 121.62mg (3.47%), Vitamin E: 0.39mg (2.6%), Calcium: 22.62mg (2.26%), Vitamin B5: 0.2mg (1.97%), Vitamin K: 1.8µg (1.71%), Vitamin B6: 0.03mg (1.34%), Vitamin B12: 0.07µg (1.19%)