



Chocolate-Chunk Toffee Cookies

READY IN



45 min.

SERVINGS



66

CALORIES



98 kcal

DESSERT

Ingredients

- 1 teaspoon baking soda
- 4.5 ounces bittersweet chocolate coarsely chopped
- 1 large eggs
- 1.5 cups flour all-purpose
- 0.8 cup granulated sugar
- 0.8 cup brown sugar light packed
- 1.5 cups old-fashioned oats uncooked
- 1 cup butter salted softened
- 1 cup cranberries dried sweetened such as blueberries or cherries

- 1 cup toffee candy bars chopped
- 1 teaspoon vanilla

Equipment

- bowl
- frying pan
- baking sheet
- baking paper
- oven
- wire rack
- hand mixer

Directions

- Preheat oven to 350.
- Line 2 baking sheets with parchment paper.
- Cream butter and both sugars in the bowl of an electric mixer fitted with paddle attachment at medium-high speed until light and fluffy, about 2 to 3 minutes, scraping down sides of bowl once or twice.
- Add egg, and mix at high speed to combine.
- Add vanilla, and mix well, scraping down sides of bowl.
- Sift together flour and baking soda in a bowl, and add a little at a time to butter mixture, mixing on low speed until well combined.
- Mix in remaining ingredients until combined.
- Spoon heaping tablespoonfuls of dough 2 inches apart onto baking sheets.
- Bake cookies at 350 about 10 minutes or until golden brown.
- Let cool on pan 2 minutes, transfer to a wire rack, and let cool completely. Store in an airtight container up to 2 days.

Nutrition Facts



■ PROTEIN 3.3% ■ FAT 44.62% ■ CARBS 52.08%

Properties

Glycemic Index:4.33, Glycemic Load:4.76, Inflammation Score:-1, Nutrition Score:1.457826089033%

Flavonoids

Cyanidin: 0.01mg, Cyanidin: 0.01mg, Cyanidin: 0.01mg, Cyanidin: 0.01mg Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 98.42kcal (4.92%), Fat: 4.95g (7.62%), Saturated Fat: 2.98g (18.63%), Carbohydrates: 13g (4.33%), Net Carbohydrates: 12.49g (4.54%), Sugar: 9.05g (10.06%), Cholesterol: 14.06mg (4.69%), Sodium: 45.79mg (1.99%), Alcohol: 0.02g (100%), Alcohol %: 0.13% (100%), Protein: 0.82g (1.65%), Manganese: 0.12mg (5.94%), Selenium: 2.01µg (2.87%), Vitamin A: 132.3IU (2.65%), Vitamin B1: 0.03mg (2.16%), Iron: 0.37mg (2.07%), Fiber: 0.51g (2.06%), Phosphorus: 19.37mg (1.94%), Copper: 0.04mg (1.93%), Magnesium: 7.18mg (1.79%), Folate: 6.34µg (1.59%), Vitamin B2: 0.03mg (1.52%), Vitamin E: 0.18mg (1.21%), Vitamin B3: 0.22mg (1.1%), Zinc: 0.16mg (1.05%)