

Chocolate Cinnamon Cream Pie







DESSERT

Ingredients

| 6 ounces bittersweet chocolate 60% (no more than cacao if marked) |
|---|
| 8 servings bittersweet chocolate 4-inch-thick chunk (3-to) |
| 0.5 teaspoon cinnamon |
| 5 tablespoons powdered sugar |
| 2 tablespoons cornstarch |
| 2 large egg yolk |
| 1.5 cups graham cracker crumbs (from twelve 5-by) |
| 1.5 cups cup heavy whipping cream chilled |
| |

0.3 cup brown sugar light divided packed

| | 0.1 teaspoon salt |
|----|--|
| | 2 tablespoons sugar |
| | 0.5 stick butter unsalted cut into tablespoons |
| | 1 teaspoon vanilla extract pure |
| | 2 large eggs whole |
| | 2 cups milk whole |
| Εq | uipment |
| | bowl |
| | paper towels |
| | sauce pan |
| | oven |
| | whisk |
| | sieve |
| | plastic wrap |
| | hand mixer |
| | aluminum foil |
| | microwave |
| | peeler |
| Di | rections |
| | Preheat oven to 350°F with rack in middle. |
| | Stir together all crust ingredients. Press over bottom and up side of a 9-inch pie plate. |
| | Bake until set, 12 to 15 minutes, then cool. |
| | Melt chocolate in a large bowl. |
| | Stir together cornstarch and 2 tablespoons brown sugar in a small bowl. |
| | Whisk together whole eggs and yolks in another bowl, then whisk in cornstarch mixture. |
| | Stir together milk, cream, salt, and remaining brown sugar in a heavy medium saucepan and bring just to a boil over medium heat. |

| | Pour half of milk mixture into egg mixture in a slow stream, whisking, then pour egg mixture into remaining milk mixture. Bring to a boil over medium-low heat, whisking constantly, then | |
|-----------------|--|--|
| | boil, whisking, 1 minute. | |
| | Remove from heat and whisk in butter and vanilla. Strain through a fine-mesh sieve into melted chocolate and whisk to combine. | |
| | Transfer hot filling to crust and chill, its surface covered with parchment, until filling is cold, about 3 hours. | |
| | Beat cream with confectioners sugar and cinnamon using an electric mixer until it holds stiff peaks. Spoon over chilled filling. | |
| | Hold chocolate in your hands (or microwave on low power in 10-second intervals) until surface softens slightly. Using a vegetable peeler (preferably Y-shaped), "peel" large chocolate curls onto a paper towel. If curls are too brittle or don't form easily, rewarm chocolate just until surface softens. | |
| | Sprinkle curls on pie. | |
| | •Crust can be baked 2 days ahead and kept, loosely covered with foil (once cool), at room temperature. •Pie can be chilled, loosely covered with plastic wrap (once cold), up to 1 day. | |
| Nutrition Facts | | |
| | | |
| | PROTEIN 5.91% FAT 59.68% CARBS 34.41% | |

Properties

Glycemic Index:23.39, Glycemic Load:11.66, Inflammation Score:-6, Nutrition Score:10.73956523123%

Nutrients (% of daily need)

Calories: 541.4kcal (27.07%), Fat: 36.22g (55.72%), Saturated Fat: 20.97g (131.09%), Carbohydrates: 46.99g (15.66%), Net Carbohydrates: 44.59g (16.22%), Sugar: 32.95g (36.61%), Cholesterol: 166.67mg (55.56%), Sodium: 201.08mg (8.74%), Alcohol: 0.17g (100%), Alcohol %: 0.12% (100%), Caffeine: 19.15mg (6.38%), Protein: 8.06g (16.13%), Phosphorus: 220.95mg (22.09%), Vitamin A: 1071.58IU (21.43%), Vitamin B2: 0.3mg (17.69%), Manganese: 0.33mg (16.72%), Selenium: 10.87µg (15.53%), Magnesium: 61.79mg (15.45%), Copper: 0.31mg (15.41%), Calcium: 153.96mg (15.4%), Iron: 2.53mg (14.05%), Vitamin D: 1.97µg (13.14%), Vitamin B12: 0.65µg (10.78%), Zinc: 1.53mg (10.17%), Fiber: 2.4g (9.6%), Potassium: 325.27mg (9.29%), Vitamin B5: 0.75mg (7.47%), Vitamin B1: 0.1mg (6.6%), Vitamin E: 0.98mg (6.53%), Vitamin B6: 0.12mg (5.83%), Folate: 21.42µg (5.36%), Vitamin B3: 0.9mg (4.51%), Vitamin K: 3.81µg (3.63%)