



Chocolate Coca-Cola Icing



Vegetarian



Gluten Free



Low Fod Map

READY IN



45 min.

SERVINGS



11

CALORIES



277 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.5 cup butter
- ☐ 0.3 cup cocoa
- ☐ 0.3 cup cola drink soft
- ☐ 1 cup pecans chopped
- ☐ 3 cups powdered sugar
- ☐ 0.5 teaspoon vanilla extract

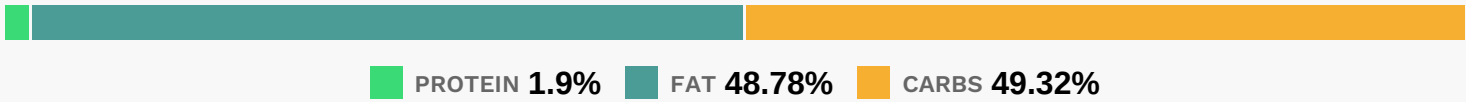
Equipment

- ☐ sauce pan

Directions

- ☐ Combine first 3 ingredients in a medium saucepan over medium heat, stirring until butter melts.
- ☐ Remove from heat; stir in powdered sugar, vanilla, and pecans. Spoon immediately over warm cake.

Nutrition Facts



Properties

Glycemic Index:11.18, Glycemic Load:0.48, Inflammation Score:-3, Nutrition Score:3.6330434381962%

Flavonoids

Cyanidin: 1.06mg, Cyanidin: 1.06mg, Cyanidin: 1.06mg, Cyanidin: 1.06mg Delphinidin: 0.72mg, Delphinidin: 0.72mg, Delphinidin: 0.72mg, Delphinidin: 0.72mg Catechin: 1.98mg, Catechin: 1.98mg, Catechin: 1.98mg, Catechin: 1.98mg Epigallocatechin: 0.56mg, Epigallocatechin: 0.56mg, Epigallocatechin: 0.56mg, Epigallocatechin: 0.56mg Epicatechin: 3.92mg, Epicatechin: 3.92mg, Epicatechin: 3.92mg, Epicatechin: 3.92mg Epigallocatechin 3-gallate: 0.23mg, Epigallocatechin 3-gallate: 0.23mg, Epigallocatechin 3-gallate: 0.23mg, Epigallocatechin 3-gallate: 0.23mg Quercetin: 0.2mg, Quercetin: 0.2mg, Quercetin: 0.2mg, Quercetin: 0.2mg

Nutrients (% of daily need)

Calories: 277.39kcal (13.87%), Fat: 15.77g (24.26%), Saturated Fat: 6.07g (37.96%), Carbohydrates: 35.88g (11.96%), Net Carbohydrates: 34.21g (12.44%), Sugar: 33.11g (36.78%), Cholesterol: 22.18mg (7.39%), Sodium: 67.71mg (2.94%), Alcohol: 0.06g (100%), Alcohol %: 0.13% (100%), Caffeine: 5.07mg (1.69%), Protein: 1.38g (2.77%), Manganese: 0.52mg (26.14%), Copper: 0.2mg (9.77%), Fiber: 1.67g (6.7%), Magnesium: 21.97mg (5.49%), Vitamin A: 263.4IU (5.27%), Phosphorus: 45mg (4.5%), Vitamin B1: 0.07mg (4.5%), Zinc: 0.6mg (3.97%), Iron: 0.55mg (3.07%), Vitamin E: 0.38mg (2.53%), Potassium: 73.88mg (2.11%), Vitamin B2: 0.03mg (1.62%), Selenium: 0.96µg (1.38%), Calcium: 12.4mg (1.24%), Vitamin B6: 0.02mg (1.17%), Vitamin K: 1.12µg (1.06%), Vitamin B5: 0.1mg (1.02%)