

Chocolate Covered Cherry Cookies







DESSERT

Ingredients

4 oz chocolate white chopped
O.3 teaspoon double-acting baking powder
0.3 teaspoon baking soda
0.5 cup butter softened
30 chocolate-covered peanuts
1 eggs
1.5 cups flour all-purpose

1 tablespoon kirsch liqueur

0.3 teaspoon salt

	1 cup sugar	
	0.5 cup cocoa powder unsweetened	
Equipment		
	bowl	
	baking sheet	
	baking paper	
	oven	
	plastic wrap	
	hand mixer	
	ziploc bags	
	microwave	
Directions		
	In large bowl, beat sugar and butter with electric mixer on medium speed until light and fluffy	
	Add egg and kirsch; beat until blended. On low speed, beat in flour, cocoa, baking powder, baking soda and salt until blended. Wrap dough in plastic wrap; refrigerate 1 hour.	
	Heat oven to 350F. Line cookie sheets with cooking parchment paper. Unwrap dough; shape into 1-inch balls. On cookie sheets, place balls 2 inches apart.	
	Bake 10 to 12 minutes or until set. Immediately press 1 chocolate-covered cherry into center of each cookie. Cool 1 minute; remove from cookie sheets to cooling racks. Cool completely, about 30 minutes.	
	In small microwavable bowl, microwave white chocolate uncovered on High 1 to 2 minutes or until softened and chocolate can be stirred smooth. Spoon melted chocolate into small resealable food-storage plastic bag; seal bag.	
	Cut off tiny corner of bag; squeeze bag to drizzle chocolate over cookies.	
	Let stand until set.	
Nutrition Facts		
	PROTEIN 5.11% FAT 39.67% CARBS 55.22%	
	FRUIEIN J.11/0 FAI JJ.U1/0 CARBS JJ.ZZ70	

Properties

Glycemic Index:12.4, Glycemic Load:9.68, Inflammation Score:-1, Nutrition Score:2.0447825963568%

Flavonoids

Catechin: 0.93mg, Catechin: 0.93mg, Catechin: 0.93mg, Catechin: 0.93mg Epicatechin: 2.82mg, Epicatechin: 2.82mg, Epicatechin: 2.82mg, Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg

Nutrients (% of daily need)

Calories: 106.36kcal (5.32%), Fat: 4.85g (7.46%), Saturated Fat: 2.95g (18.45%), Carbohydrates: 15.18g (5.06%), Net Carbohydrates: 14.45g (5.25%), Sugar: 9.56g (10.62%), Cholesterol: 14.41mg (4.8%), Sodium: 62.7mg (2.73%), Alcohol: 0.17g (100%), Alcohol %: 0.85% (100%), Caffeine: 3.4mg (1.13%), Protein: 1.41g (2.81%), Manganese: 0.1mg (5.12%), Selenium: 3.05µg (4.35%), Vitamin B1: 0.05mg (3.61%), Copper: 0.07mg (3.55%), Vitamin B2: 0.06mg (3.29%), Folate: 13.04µg (3.26%), Iron: 0.55mg (3.05%), Phosphorus: 29.92mg (2.99%), Fiber: 0.74g (2.95%), Magnesium: 9.69mg (2.42%), Vitamin B3: 0.44mg (2.18%), Vitamin A: 104.51lU (2.09%), Calcium: 14.92mg (1.49%), Zinc: 0.21mg (1.37%), Potassium: 47.51mg (1.36%)