

Chocolate-Covered Cherry Cookies







DESSERT

Ingredients

0.3 teaspoon double-acting baking powder
O.3 teaspoon baking soda
0.5 cup butter softened
O.5 cup cocoa powder
1 large eggs
1.5 cups flour all-purpose
10 ounce maraschino cherries
0.3 teaspoon salt

6 ounces semi chocolate chips

	1 cup sugar
	0.5 cup condensed milk sweetened
	1.5 teaspoons vanilla extract
Eq	Juipment
	baking sheet
	sauce pan
	oven
	hand mixer
Di	rections
	Drain cherries, reserving 3 teaspoons juice.
	Cut cherries in half, and set aside.
	Beat butter and sugar at medium speed with an electric mixer until creamy; add egg, vanilla, and 2 teaspoons reserved cherry juice, beating until blended.
	Combine flour and next 4 ingredients; gradually add flour mixture to butter mixture, beating until blended after each addition. Shape dough into 1-inch balls, and place on ungreased baking sheets. Press center of each ball with thumb, and place 1 cherry half in indentation.
	Cook chocolate and milk in a small saucepan over low heat, stirring occasionally, until melted. Stir in remaining reserved cherry juice. Cool slightly. Spoon 1 teaspoon mixture over each cherry half.
	Bake at 350 for 10 minutes. Freeze up to 3 months.
	Nutrition Facts
	PROTEIN 5.14% FAT 36.48% CARBS 58.38%
Pro	nerties

Glycemic Index:4.14, Glycemic Load:4.09, Inflammation Score:-1, Nutrition Score:1.3256521950597%

Flavonoids

Catechin: 0.39mg, Catechin: 0.39mg, Catechin: 0.39mg, Catechin: 0.39mg Epicatechin: 1.17mg, Epicatechin: 1.17mg, Epicatechin: 1.17mg, Epicatechin: 1.17mg, Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg

Nutrients (% of daily need)

Calories: 61.11kcal (3.06%), Fat: 2.55g (3.92%), Saturated Fat: 0.98g (6.1%), Carbohydrates: 9.18g (3.06%), Net Carbohydrates: 8.58g (3.12%), Sugar: 6.35g (7.06%), Cholesterol: 3.45mg (1.15%), Sodium: 32.5mg (1.41%), Alcohol: 0.03g (100%), Alcohol %: 0.22% (100%), Caffeine: 3.41mg (1.14%), Protein: 0.81g (1.62%), Manganese: 0.07mg (3.65%), Copper: 0.06mg (3.13%), Selenium: 1.72µg (2.46%), Fiber: 0.61g (2.43%), Iron: 0.39mg (2.16%), Magnesium: 8.57mg (2.14%), Phosphorus: 20.88mg (2.09%), Vitamin B2: 0.03mg (1.69%), Vitamin B1: 0.02mg (1.6%), Folate: 5.53µg (1.38%), Vitamin A: 68.76IU (1.38%), Calcium: 12.5mg (1.25%), Zinc: 0.16mg (1.07%), Potassium: 35.77mg (1.02%)