

## Chocolate Covered Orange Balls

READY IN



45 min.

SERVINGS



36

CALORIES



239 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

- 0.3 pound butter
- 1 pound powdered sugar
- 1.5 pounds chocolate melted
- 6 ounce orange juice concentrate frozen thawed canned
- 12 ounce vanilla wafers crushed
- 1 cup walnut pieces chopped

### Equipment

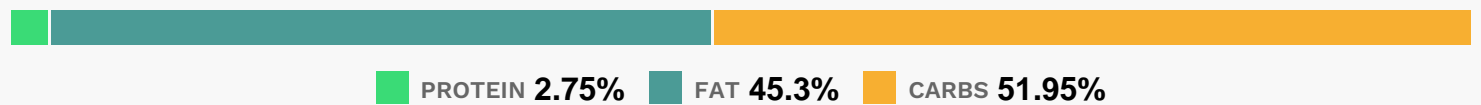
- bowl

double boiler

## Directions

- In a large bowl, combine the confectioners sugar, vanilla wafers, walnuts, butter and orange juice.
- Mix well and shape into 1 inch round balls; allow to dry for 1 hour.
- Place chocolate chips in top of double boiler. Stir frequently over medium heat until melted.
- Dip balls into melted chocolate and place in decorative paper cups.

## Nutrition Facts



## Properties

Glycemic Index:5.27, Glycemic Load:9.68, Inflammation Score:-2, Nutrition Score:3.4217391260292%

## Flavonoids

Cyanidin: 0.09mg, Cyanidin: 0.09mg, Cyanidin: 0.09mg, Cyanidin: 0.09mg

## Nutrients (% of daily need)

Calories: 239.33kcal (11.97%), Fat: 12.79g (19.68%), Saturated Fat: 6.15g (38.47%), Carbohydrates: 33.01g (11%), Net Carbohydrates: 31.57g (11.48%), Sugar: 26.53g (29.48%), Cholesterol: 6.87mg (2.29%), Sodium: 61.91mg (2.69%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 12.47mg (4.16%), Protein: 1.75g (3.5%), Manganese: 0.21mg (10.35%), Vitamin C: 6.89mg (8.36%), Copper: 0.16mg (8.19%), Magnesium: 28.21mg (7.05%), Fiber: 1.44g (5.75%), Vitamin B2: 0.08mg (4.92%), Phosphorus: 46.63mg (4.66%), Vitamin B1: 0.07mg (4.51%), Folate: 15.8µg (3.95%), Iron: 0.64mg (3.56%), Potassium: 107.81mg (3.08%), Zinc: 0.4mg (2.64%), Vitamin B3: 0.46mg (2.31%), Vitamin A: 97.27IU (1.95%), Vitamin B6: 0.04mg (1.9%), Vitamin K: 1.52µg (1.45%), Selenium: 0.81µg (1.16%), Vitamin E: 0.17mg (1.16%), Calcium: 10.4mg (1.04%)