



## Chocolate Covered Potato Chips



Gluten Free

READY IN



120 min.

SERVINGS



1

CALORIES



1284 kcal

SIDE DISH

### Ingredients

- ☐ 5 ounces chocolate 72% coarsely chopped
- ☐ 3.8 ounce potato chips cooked

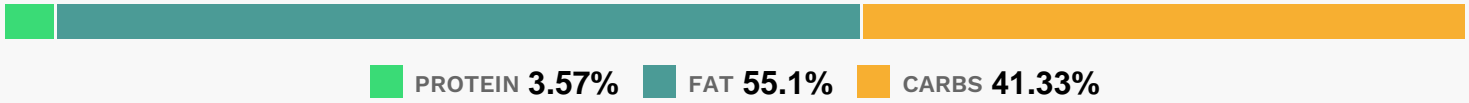
### Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ wax paper
- ☐ microwave

# Directions

- ☐ Place chocolate in a microwave safe bowl. Cover with waxed paper and microwave on high for 30 seconds. Stir chocolate. If all the chocolate hasn't melted completely, continue microwaving and stirring in 10 second intervals until chocolate is fully melted and smooth. Stir for one minute to cool slightly.
- ☐ Open the bags of chips and sort out the full chips from the broken pieces. If you're making these for a party you may want to keep the broken ones for pre-party snacking.
- ☐ Dip chips to cover half to three quarters of the surface.
- ☐ Remove from the chocolate and let any excess drip back into the bowl then set to dry on parchment lined baking sheets in a cool place. Depending on the weather and heat/humidity in your home it may take up to 2 hours for them to fully dry. If you are in a rush, you can place the chips in the refrigerator for 5 to 10 minutes to speed the process. Best when eaten immediately. As soon as the chips are set store in a waxed paper lined tin adding additional wax paper for each layer.

## Nutrition Facts



## Properties

Glycemic Index:42.6, Glycemic Load:33.15, Inflammation Score:-7, Nutrition Score:29.167825781781%

## Nutrients (% of daily need)

Calories: 1284.23kcal (64.21%), Fat: 84.62g (130.19%), Saturated Fat: 32.08g (200.48%), Carbohydrates: 142.81g (47.6%), Net Carbohydrates: 131.72g (47.9%), Sugar: 73.32g (81.47%), Cholesterol: 0mg (0%), Sodium: 582.94mg (25.35%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 93.55mg (31.18%), Protein: 12.32g (24.64%), Vitamin E: 11.42mg (76.17%), Manganese: 1.41mg (70.31%), Magnesium: 227.15mg (56.79%), Copper: 1.06mg (53.12%), Potassium: 1686.8mg (48.19%), Vitamin B5: 4.72mg (47.22%), Fiber: 11.09g (44.37%), Phosphorus: 371.02mg (37.1%), Vitamin B6: 0.63mg (31.27%), Vitamin K: 32.42µg (30.88%), Vitamin B3: 6.01mg (30.05%), Iron: 5.27mg (29.29%), Vitamin C: 22.96mg (27.83%), Vitamin B2: 0.43mg (25.51%), Zinc: 3.29mg (21.9%), Vitamin B1: 0.25mg (16.99%), Selenium: 6.63µg (9.47%), Folate: 35.08µg (8.77%), Calcium: 56.34mg (5.63%)