

Chocolate Covered Potato Chips

Gluten Free Popular

SERVINGS

READY IN SERVINGS

30 min.

3

calories (a)

1972 kcal

SIDE DISH

Ingredients

1 pound chocolate chopped

8 cups ridged potato chips

Equipment

bowl

frying pan

double boiler

kitchen thermometer

tongs

	candy thermometer
Directions	
	Place about 3/4 of the chocolate into a heat safe bowl, and place over the top of a pan of simmering water. If you have a double boiler, use that.
	Heat, stirring occasionally until the chocolate has melted, then continue to heat the chocolate to 110 degrees F (43 degrees C), stirring occasionally. You may use a meat thermometer if your candy thermometer does not go that low.
	As soon as the melted chocolate reaches temperature, remove it from the heat, and stir in the remaining chopped chocolate until melted. Continue stirring until the chocolate has cooled to 90 degrees F (32 degrees C). Touching a dab of chocolate to your lip will feel cool.
	Use tongs to dip potato chips one at a time into the chocolate.
	Place on waxed paper starting at the point farthest from you and working your way in so as not to drip on your finished chips. Cool until set. You may refrigerate if you like.
Nutrition Facts	
	PROTEIN 3.89% FAT 55.36% CARBS 40.75%
	PROTEIN 3.03 /0 PAT 33.30 /0 CARDS 40.73 /0

Properties

Glycemic Index:14.2, Glycemic Load:35.36, Inflammation Score:-8, Nutrition Score:46.664782731429%

Nutrients (% of daily need)

Calories: 1972.44kcal (98.62%), Fat: 128.78g (198.12%), Saturated Fat: 38.07g (237.92%), Carbohydrates: 213.27g (71.09%), Net Carbohydrates: 197.93g (71.97%), Sugar: 78.58g (87.32%), Cholesterol: Omg (0%), Sodium: 1218.72mg (52.99%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 99.79mg (33.26%), Protein: 20.38g (40.76%), Vitamin E: 23.97mg (159.78%), Manganese: 2.25mg (112.6%), Vitamin B5: 9.96mg (99.61%), Potassium: 3158.47mg (90.24%), Magnesium: 313.65mg (78.41%), Copper: 1.4mg (69.91%), Vitamin B6: 1.27mg (63.43%), Fiber: 15.34g (61.37%), Vitamin C: 48.96mg (59.35%), Vitamin B3: 11.8mg (59.01%), Phosphorus: 569.06mg (56.91%), Vitamin K: 59.62µg (56.78%), Iron: 7.07mg (39.3%), Vitamin B1: 0.51mg (34.2%), Vitamin B2: 0.56mg (33.08%), Zinc: 4.74mg (31.59%), Folate: 70.27µg (17.57%), Selenium: 9.9µg (14.14%), Calcium: 83.89mg (8.39%)