



Chocolate Covered S'mores

 Dairy Free

READY IN



30 min.

SERVINGS



8

CALORIES



179 kcal

Ingredients

- 1 Package almonds whole
- 16 graham cracker squares whole rectangular (two Single Pieces Still Stuck Together)
- 7 Ounce marshmallow creme
- 8 servings sprinkles chopped

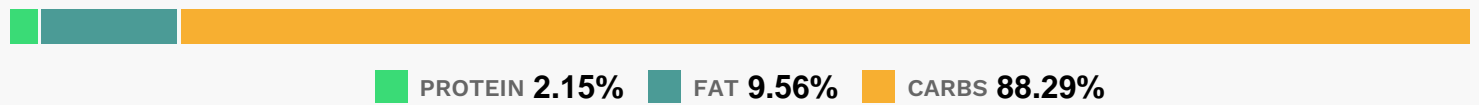
Equipment

- bowl

Directions

☐ Scoop a heaping tablespoon of marshmallow cream onto 8 crackers. Top with the other 8 crackers, pressing gently. Immediately put the sandwiches in the freezer---within a minute of putting the second cracker on top. Freeze for a minimum of 30 minutes to set the marshmallow creme as much as possible. Meanwhile, melt the chocolate in a glass bowl, then set aside to cool, stirring occasionally to keep the chocolate melted. When the chocolate is room temperature, remove the sandwiches from the freezer. One by one, dip the sandwiches in chocolate, allowing excess to drip off. Work quickly, then add on whatever sprinkles you'd like to use. Immediately put the sandwiches back into the freezer to set the chocolate and keep the marshmallow from rebelling and oozing out. Freeze for at least 30 minutes, then you can store the s'mores at room temperature or in the fridge until you're ready to serve!

Nutrition Facts



Properties

Glycemic Index:10.5, Glycemic Load:7.54, Inflammation Score:-1, Nutrition Score:1.0352174077669%

Nutrients (% of daily need)

Calories: 178.79kcal (8.94%), Fat: 1.98g (3.05%), Saturated Fat: 0.7g (4.39%), Carbohydrates: 41.18g (13.73%), Net Carbohydrates: 40.69g (14.8%), Sugar: 27.58g (30.65%), Cholesterol: 0mg (0%), Sodium: 92.26mg (4.01%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.01g (2.01%), Iron: 0.58mg (3.24%), Phosphorus: 28.88mg (2.89%), Vitamin B3: 0.53mg (2.67%), Magnesium: 8.6mg (2.15%), Vitamin B1: 0.03mg (2.15%), Vitamin B2: 0.04mg (2.06%), Fiber: 0.49g (1.97%), Zinc: 0.28mg (1.84%), Folate: 6.49µg (1.62%), Calcium: 11.4mg (1.14%)