



Chocolate Cream Martini



Gluten Free



Low Fod Map

READY IN



4 min.

SERVINGS



2

CALORIES



497 kcal

BEVERAGE

DRINK

Ingredients

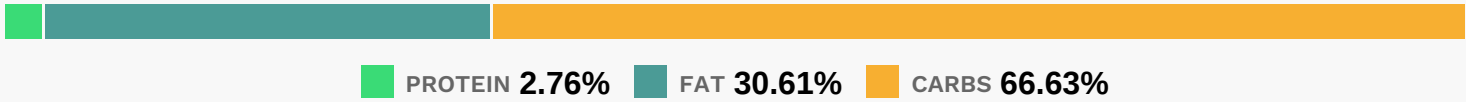
- ☐ 0.3 cup rum / brandy / coffee liqueur with godiva)
- ☐ 0.3 cup rum / brandy / coffee liqueur with tia maria)
- ☐ 2 tablespoons half and half
- ☐ 3 tablespoons baileys irish cream
- ☐ 1 oz bittersweet chocolate melted
- ☐ 3 tablespoons vodka with absolut vanilla)

Equipment

Directions

- ☐ Dip rims of 2 martini glasses in melted chocolate on a plate to form a thin layer.
- ☐ Place glasses in refrigerator until chocolate is firm.
- ☐ Combine vodka and next 4 ingredients in a martini shaker filled with ice. Cover with lid; shake until thoroughly chilled.
- ☐ Remove lid; strain into chocolate-rimmed martini glasses.
- ☐ Serve immediately.

Nutrition Facts



Properties

Glycemic Index:7.5, Glycemic Load:0, Inflammation Score:-4, Nutrition Score:2.6021738965874%

Nutrients (% of daily need)

Calories: 497.1kcal (24.85%), Fat: 10.32g (15.87%), Saturated Fat: 6.06g (37.85%), Carbohydrates: 50.52g (16.84%), Net Carbohydrates: 49.38g (17.96%), Sugar: 47.14g (52.38%), Cholesterol: 6.11mg (2.04%), Sodium: 17.1mg (0.74%), Alcohol: 27.62g (100%), Alcohol %: 22.91% (100%), Caffeine: 12.19mg (4.06%), Protein: 2.09g (4.18%), Manganese: 0.19mg (9.4%), Copper: 0.18mg (9.03%), Magnesium: 26.45mg (6.61%), Phosphorus: 52.23mg (5.22%), Iron: 0.91mg (5.03%), Fiber: 1.13g (4.54%), Zinc: 0.43mg (2.89%), Potassium: 100.4mg (2.87%), Calcium: 24.84mg (2.48%), Selenium: 1.67µg (2.39%), Vitamin B2: 0.04mg (2.21%), Vitamin A: 60.19IU (1.2%), Vitamin K: 1.22µg (1.16%)