



Chocolate Crinkle Candy Surprise Cookies

 Vegetarian

READY IN



45 min.

SERVINGS



30

CALORIES



168 kcal

DESSERT

Ingredients

- ☐ 2 teaspoons double-acting baking powder
- ☐ 0.5 cup butter softened
- ☐ 30 chocolate-covered caramel candy (such as Rolo)
- ☐ 2 large eggs
- ☐ 2 cups flour all-purpose
- ☐ 1.5 cups granulated sugar
- ☐ 30 servings powdered sugar
- ☐ 1 teaspoon salt

- ☐ 1 cup cocoa unsweetened
- ☐ 2 teaspoons vanilla extract

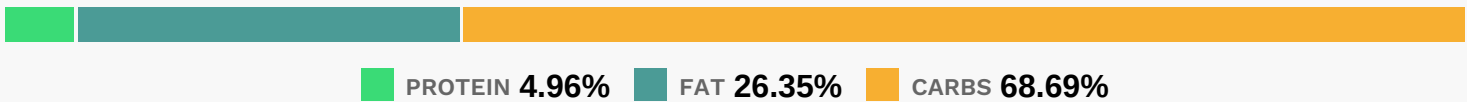
Equipment

- ☐ baking sheet
- ☐ baking paper
- ☐ oven
- ☐ plastic wrap
- ☐ hand mixer

Directions

- ☐ Beat granulated sugar, butter, eggs, and vanilla at medium speed with an electric mixer until mixture is blended and smooth. Stir together flour, cocoa, baking powder, and salt. Gradually add to butter mixture, beating just until blended. Shape dough into a ball, and wrap in plastic wrap. Chill 2 to 4 hours. Preheat oven to 35
- ☐ Remove dough from plastic wrap; shape dough into 30 (1-inch) balls (about 1 Tbsp. each), and place 1 inch apart on parchment paper-lined baking sheets. Flatten each ball into a 2-inch disk.
- ☐ Place 1 chocolate-covered caramel candy into center of each disk, and wrap dough around candy to form a ball.
- ☐ Bake 10 minutes or until slightly flattened. Cool on baking sheets 8 minutes.
- ☐ Sprinkle cookies with powdered sugar.
- ☐ Serve cookies immediately.

Nutrition Facts



Properties

Glycemic Index:9.57, Glycemic Load:11.65, Inflammation Score:-2, Nutrition Score:3.1008695885539%

Flavonoids

Catechin: 1.86mg, Catechin: 1.86mg, Catechin: 1.86mg, Catechin: 1.86mg Epicatechin: 5.63mg, Epicatechin: 5.63mg, Epicatechin: 5.63mg, Epicatechin: 5.63mg Quercetin: 0.29mg, Quercetin: 0.29mg, Quercetin: 0.29mg, Quercetin: 0.29mg

Nutrients (% of daily need)

Calories: 167.73kcal (8.39%), Fat: 5.15g (7.92%), Saturated Fat: 3.16g (19.77%), Carbohydrates: 30.18g (10.06%), Net Carbohydrates: 28.84g (10.49%), Sugar: 21.76g (24.18%), Cholesterol: 21.25mg (7.08%), Sodium: 147.18mg (6.4%), Alcohol: 0.09g (100%), Alcohol %: 0.27% (100%), Caffeine: 6.95mg (2.32%), Protein: 2.18g (4.36%), Manganese: 0.17mg (8.47%), Selenium: 4.4µg (6.29%), Copper: 0.12mg (6.23%), Fiber: 1.34g (5.36%), Iron: 0.91mg (5.05%), Phosphorus: 47.67mg (4.77%), Vitamin B1: 0.07mg (4.69%), Folate: 17.85µg (4.46%), Vitamin B2: 0.08mg (4.44%), Magnesium: 16.72mg (4.18%), Calcium: 32.32mg (3.23%), Vitamin B3: 0.56mg (2.81%), Vitamin A: 119.81IU (2.4%), Zinc: 0.3mg (2.02%), Potassium: 70.1mg (2%), Vitamin E: 0.2mg (1.31%)