

Chocolate Crinkles

Ingredients

2 teaspoons double-acting baking powder
4 eggs
2 cups flour all-purpose gold medal®
2 cups granulated sugar
0.5 cup powdered sugar
0.5 teaspoon salt
4 oz baker's chocolate unsweetened cooled melted
2 teaspoons vanilla

0.5 cup vegetable oil
Equipment
bowl
baking sheet
oven
Directions
In large bowl, mix oil, chocolate, granulated sugar and vanilla. Stir in eggs, one at a time. Stir in flour, baking powder and salt. Cover; refrigerate at least 3 hours.
Heat oven to 350°F. Grease cookie sheet with shortening or cooking spray.
Drop dough by teaspoonfuls into powdered sugar; roll around to coat and shape into balls.
Place about 2 inches apart on cookie sheets.
Bake 10 to 12 minutes or until almost no imprint remains when touched lightly in center. Immediately remove from cookie sheets to cooling racks.
Nutrition Facts
PROTEIN 6.4% FAT 23.36% CARBS 70.24%
Properties
Glycemic Index:3.29, Glycemic Load:5.82, Inflammation Score:-1, Nutrition Score:1.3378260951975%

Flavonoids

Catechin: 1.01mg, Catechin: 1.01mg, Catechin: 1.01mg, Catechin: 1.01mg Epicatechin: 2.23mg, Epicatechin: 2.23mg, Epicatechin: 2.23mg, Epicatechin: 2.23mg

Nutrients (% of daily need)

Calories: 51.71kcal (2.59%), Fat: 1.41g (2.17%), Saturated Fat: 0.64g (3.99%), Carbohydrates: 9.55g (3.18%), Net Carbohydrates: 9.19g (3.34%), Sugar: 6.41g (7.12%), Cholesterol: 9.09mg (3.03%), Sodium: 31.93mg (1.39%), Alcohol: 0.04g (100%), Alcohol %: 0.31% (100%), Protein: 0.87g (1.74%), Manganese: 0.09mg (4.53%), Selenium: 2.09µg (2.99%), Copper: 0.06mg (2.91%), Iron: 0.49mg (2.74%), Vitamin B1: 0.03mg (2.04%), Folate: 7.94µg (1.99%), Vitamin B2: 0.03mg (1.84%), Phosphorus: 17.33mg (1.73%), Magnesium: 6.25mg (1.56%), Fiber: 0.36g (1.42%), Zinc: 0.21mg (1.39%), Vitamin B3: 0.23mg (1.14%), Calcium: 10.1mg (1.01%)