



## Chocolate-Dipped Confections



Gluten Free



Dairy Free

READY IN



50 min.

SERVINGS



36

CALORIES



32 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

## Ingredients

- ☐ 6 ounces semi chocolate chips (1 cup)
- ☐ 1 tablespoon shortening
- ☐ 1 chunks maraschino cherries dark sweet assorted (strawberries, cherries or maraschino cherries, pineapple cookies)
- ☐ 1 serving sugar

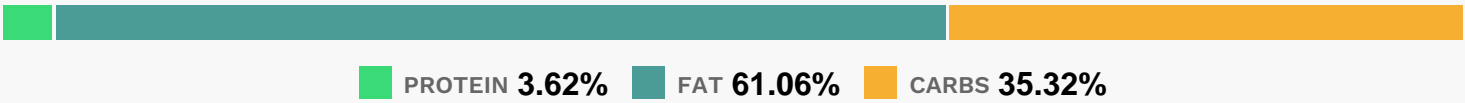
## Equipment

- ☐ frying pan
- ☐ sauce pan

# Directions

- ☐ Line jelly roll pan, 15 1/2x10 1/2x1 inch, with waxed paper. In 1-quart heavy saucepan, heat chocolate chips and shortening over low heat, stirring frequently, until smooth; remove from heat.
- ☐ Dip any of the assorted dippers 3/4 of the way into chocolate; sprinkle with sugar.
- ☐ Place on waxed paper in pan.
- ☐ Refrigerate uncovered about 30 minutes or until chocolate is firm.

## Nutrition Facts



## Properties

Glycemic Index:1.95, Glycemic Load:0.23, Inflammation Score:-1, Nutrition Score:0.72913043605893%

## Nutrients (% of daily need)

Calories: 31.83kcal (1.59%), Fat: 2.17g (3.33%), Saturated Fat: 1.13g (7.06%), Carbohydrates: 2.82g (0.94%), Net Carbohydrates: 2.44g (0.89%), Sugar: 2.08g (2.31%), Cholesterol: 0.28mg (0.09%), Sodium: 0.49mg (0.02%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 4.06mg (1.35%), Protein: 0.29g (0.58%), Manganese: 0.06mg (3.13%), Copper: 0.06mg (2.95%), Magnesium: 8.32mg (2.08%), Iron: 0.3mg (1.66%), Fiber: 0.38g (1.52%), Phosphorus: 12.29mg (1.23%)