



## Chocolate Drop Cookies

READY IN



90 min.

SERVINGS



36

CALORIES



117 kcal

DESSERT

### Ingredients

- 0.5 teaspoon baking soda
- 0.5 cup butter softened
- 2 tablespoons butter
- 0.3 cup buttermilk
- 1 eggs
- 1.8 cups flour all-purpose
- 1 cup granulated sugar
- 2 cups powdered sugar
- 0.5 teaspoon salt

- 2 oz baker's chocolate unsweetened
- 2 oz baker's chocolate unsweetened cooled melted
- 1 teaspoon vanilla
- 3 tablespoons water hot

## Equipment

- bowl
- baking sheet
- sauce pan
- oven
- wire rack
- hand mixer

## Directions

- Heat oven to 400F. Grease cookie sheet with shortening or cooking spray.
- In large bowl, beat granulated sugar, 1/2 cup butter, the buttermilk, vanilla, egg and 2 ounces melted chocolate with electric mixer on medium speed, or mix with spoon. Stir in flour, baking soda and salt.
- On cookie sheet, drop dough by rounded tablespoonfuls about 2 inches apart.
- Bake 8 to 10 minutes or until almost no indentation remains when touched in center. Immediately remove from cookie sheet to cooling rack. Cool completely, about 30 minutes.
- In 2-quart saucepan, melt 2 ounces chocolate and 2 tablespoons butter over low heat, stirring occasionally; remove from heat. Stir in powdered sugar and hot water until smooth. (If frosting is too thick, add more water, 1 teaspoon at a time. If frosting is too thin, add more powdered sugar, 1 tablespoon at a time.)
- Spread over cookies.

## Nutrition Facts



PROTEIN 4.22%  FAT 37.28%  CARBS 58.5%

## Properties

Glycemic Index:4.89, Glycemic Load:7.27, Inflammation Score:-2, Nutrition Score:2.3295652067046%

## Flavonoids

Catechin: 2.03mg, Catechin: 2.03mg, Catechin: 2.03mg, Catechin: 2.03mg Epicatechin: 4.47mg, Epicatechin: 4.47mg, Epicatechin: 4.47mg, Epicatechin: 4.47mg

## Nutrients (% of daily need)

Calories: 116.93kcal (5.85%), Fat: 5.08g (7.81%), Saturated Fat: 1.77g (11.03%), Carbohydrates: 17.93g (5.98%), Net Carbohydrates: 17.24g (6.27%), Sugar: 12.24g (13.6%), Cholesterol: 4.79mg (1.6%), Sodium: 89.77mg (3.9%), Alcohol: 0.04g (100%), Alcohol %: 0.16% (100%), Protein: 1.29g (2.59%), Manganese: 0.17mg (8.7%), Copper: 0.11mg (5.66%), Iron: 0.86mg (4.77%), Selenium: 2.85µg (4.07%), Vitamin B1: 0.05mg (3.62%), Folate: 12.73µg (3.18%), Magnesium: 12.15mg (3.04%), Vitamin A: 150.86IU (3.02%), Fiber: 0.69g (2.75%), Vitamin B2: 0.05mg (2.73%), Zinc: 0.37mg (2.48%), Phosphorus: 24.38mg (2.44%), Vitamin B3: 0.41mg (2.03%), Potassium: 39.4mg (1.13%), Vitamin E: 0.15mg (1.02%)