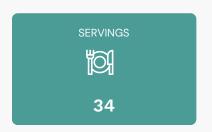


# **Chocolate Earl Grey Truffles**

**Gluten Free** 







BEVERAGE

DRINK

### Ingredients

6 oz bittersweet c	chocolate	unsweetened	chopped	(no	t)
0 02 Differsweet C	SHOCOlate	unsweetened	chopped	ĺ	ш

- 1 cup dutch-processed cocoa powder unsweetened
- 0.7 cup cup heavy whipping cream
- 2 teaspoons tea
- 2 tablespoons butter unsalted softened cut into 4 pieces and

## **Equipment**

- food processor
- bowl

	baking sheet					
	sauce pan					
	whisk					
	sieve					
	wax paper					
Diı	rections					
	Bring cream and butter to a boil in a small heavy saucepan and stir in tea leaves.					
	Remove from heat and let steep 5 minutes.					
	Meanwhile, finely grind chocolate in a food processor and transfer to a bowl.					
	Pour cream through a fine-mesh sieve onto chocolate, pressing on and discarding tea leaves, then whisk until smooth. Chill ganache, covered, until firm, about 2 hours.					
	Spoon level teaspoons of ganache onto a baking sheet. Put cocoa in a bowl, then dust your palms lightly with it.					
	Roll each piece of ganache into a ball (wash your hands and redust as they become sticky).  Drop several balls at a time into bowl of cocoa and turn to coat.					
	Transfer as coated to an airtight container, separating layers with wax paper.					
	• Truffles can be made 1 week ahead and chilled, or 1 month ahead and frozen in an airtight container.					
Nutrition Facts						
	PROTEIN 6.06% FAT 66.8% CARBS 27.14%					

### **Properties**

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:2.0560869470077%

#### **Flavonoids**

Catechin: 1.64mg, Catechin: 1.64mg, Catechin: 1.64mg, Catechin: 1.64mg Epigallocatechin: 0.02mg, Epigallocatechin: 0.02mg, Epigallocatechin: 0.02mg, Epigallocatechin: 0.02mg Epicatechin: 4.97mg, Epicatechin: 4.97mg, Epicatechin: 4.97mg, Epicatechin: 4.97mg, Epicatechin: 4.97mg, Epicatechin: 4.97mg Epicatechin: 3-gallate: 0.02mg, Epicatechin: 3-gallate: 0.02mg, Epigallocatechin: 3-gallate: 0.03mg, Epigallocatechin:

Thearubigins: 0.24mg, Thearubigins: 0.24mg, Thearubigins: 0.24mg, Thearubigins: 0.24mg Quercetin: 0.26mg, Quercetin: 0.26mg, Quercetin: 0.26mg Theaflavin-3,3'-digallate: 0.01mg, Theaflavin-3,3'-digallate: 0.01mg, Theaflavin-3,3'-digallate: 0.01mg

#### Nutrients (% of daily need)

Calories: 56.51kcal (2.83%), Fat: 4.62g (7.1%), Saturated Fat: 2.8g (17.52%), Carbohydrates: 4.22g (1.41%), Net Carbohydrates: 2.88g (1.05%), Sugar: 2.02g (2.24%), Cholesterol: 7.34mg (2.45%), Sodium: 2.39mg (0.1%), Alcohol: Og (100%), Alcohol %: O% (100%), Caffeine: 10.18mg (3.39%), Protein: 0.94g (1.88%), Manganese: 0.16mg (8.2%), Copper: 0.16mg (7.95%), Magnesium: 21.78mg (5.44%), Fiber: 1.34g (5.34%), Iron: 0.67mg (3.74%), Phosphorus: 34.48mg (3.45%), Zinc: 0.32mg (2.11%), Potassium: 71.55mg (2.04%), Vitamin A: 91.68IU (1.83%), Selenium: 0.93µg (1.33%), Vitamin B2: 0.02mg (1.04%)