

Chocolate Fudge Cake with Pink Peppermint Cream Cheese Frosting







DESSERT

Ingredients

1 box chocolate cake mix
0.5 cup butter softened
2 oz cream cheese softened
4 cups powdered sugar
2 teaspoons vanilla extract
1 teaspoon peppermint extract

3 drops food coloring red

7 peppermint candies crushed

Equipment

Directions

Nutrition Facts		
	Refrigerate until ready to serve.	
	Place 1 layer on serving plate; spread top with thin coat frosting. Repeat with remaining layers. Frost side and top of cake with thin coat frosting; refrigerate 10 minutes to allow frosting to firm up. Frost side and top of cake with remaining frosting. Arrange whole peppermints then sprinkle crushed peppermint around side and top of cake.	
	Split each cake horizontally to make 2 layers.	
	Add vanilla, peppermint extract and food color, a drop at a time, beating until desired color is obtained.	
	Beat butter and cream cheese on medium speed until smooth and fluffy. Reduce speed to low; gradually add sugar, beating until smooth.	
	Make cake as directed on box for two 9-inch rounds; cool completely.	

PROTEIN 2.37% FAT 31.83% CARBS 65.8%

Properties

Glycemic Index:12.25, Glycemic Load:2, Inflammation Score:-3, Nutrition Score:3.9495652421661%

Nutrients (% of daily need)

Calories: 408.73kcal (20.44%), Fat: 14.91g (22.94%), Saturated Fat: 6.99g (43.69%), Carbohydrates: 69.35g (23.12%), Net Carbohydrates: 68.49g (24.9%), Sugar: 55.19g (61.32%), Cholesterol: 25.11mg (8.37%), Sodium: 373.54mg (16.24%), Alcohol: 0.34g (100%), Alcohol %: 0.46% (100%), Caffeine: 3.96mg (1.32%), Protein: 2.5g (4.99%), Phosphorus: 104.59mg (10.46%), Iron: 1.65mg (9.18%), Selenium: 5.2µg (7.44%), Copper: 0.15mg (7.42%), Calcium: 61.36mg (6.14%), Vitamin A: 300.9IU (6.02%), Folate: 23.03µg (5.76%), Vitamin B2: 0.08mg (4.72%), Magnesium: 17.65mg (4.41%), Vitamin E: 0.66mg (4.4%), Manganese: 0.08mg (4.23%), Vitamin B1: 0.06mg (4.19%), Potassium: 129.59mg (3.7%), Fiber: 0.86g (3.46%), Vitamin B3: 0.59mg (2.94%), Zinc: 0.33mg (2.17%), Vitamin K: 2.13µg (2.03%)