



Chocolate Ganache

 Gluten Free

READY IN



45 min.

SERVINGS



8

CALORIES



334 kcal

SIDE DISH

Ingredients

- 3 tablespoons butter
- 12 ounce semi chocolate chips
- 0.5 cup whipping cream

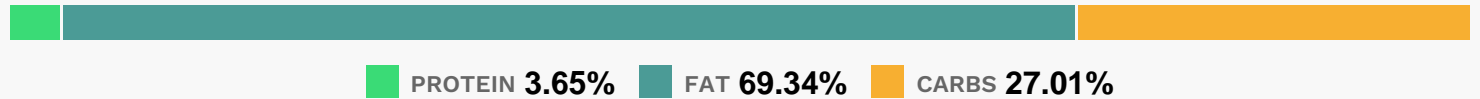
Equipment

- bowl
- whisk
- hand mixer
- microwave

Directions

- Microwave semisweet chocolate morsels and whipping cream in a 2-quart microwave-safe bowl at MEDIUM (50% power) 2 1/2 to 3 minutes or until chocolate begins to melt.
- Whisk until chocolate melts and mixture is smooth.
- Whisk in butter; let stand 20 minutes. Beat at medium speed with an electric mixer 3 to 4 minutes or until mixture forms soft peaks.

Nutrition Facts



Properties

Glycemic Index:6.25, Glycemic Load:0, Inflammation Score:-5, Nutrition Score:7.2191305283619%

Nutrients (% of daily need)

Calories: 334.43kcal (16.72%), Fat: 25.92g (39.87%), Saturated Fat: 15.49g (96.8%), Carbohydrates: 22.72g (7.57%), Net Carbohydrates: 19.31g (7.02%), Sugar: 16.05g (17.83%), Cholesterol: 30.65mg (10.22%), Sodium: 42.03mg (1.83%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 36.57mg (12.19%), Protein: 3.07g (6.14%), Manganese: 0.56mg (28.18%), Copper: 0.53mg (26.62%), Magnesium: 75.99mg (19%), Iron: 2.7mg (15.02%), Fiber: 3.4g (13.61%), Phosphorus: 120.45mg (12.05%), Zinc: 1.17mg (7.78%), Vitamin A: 371.12IU (7.42%), Potassium: 256.5mg (7.33%), Selenium: 4.07µg (5.82%), Calcium: 37.44mg (3.74%), Vitamin K: 3.91µg (3.72%), Vitamin E: 0.51mg (3.4%), Vitamin B2: 0.05mg (2.98%), Vitamin B3: 0.37mg (1.84%), Vitamin B12: 0.11µg (1.82%), Vitamin B5: 0.17mg (1.71%), Vitamin D: 0.24µg (1.59%), Vitamin B1: 0.02mg (1.12%)