

Chocolate Hazelnut Crinkle Cookies







DESSERT

Ingredients

0.7 cup hazelnuts

1.5 cups brown sugar light packed

| 2 teaspoons double-acting baking powder |
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| 84 servings chocolate 60% finely chopped (no more than cacao if marked) |
| 0.8 cup confectioners sugar |
| 2 large eggs |
| 6 oz fine-quality bittersweet |
| 2.8 cups flour all-purpose |
| 2 tablespoons granulated sugar |

| | 0.8 teaspoon salt |
|----|--|
| | 0.5 cup butter unsalted softened |
| | 2 tablespoons cocoa powder unsweetened |
| | 1 teaspoon vanilla extract pure |
| | 0.3 cup milk whole |
| Eq | uipment |
| | food processor |
| | bowl |
| | baking sheet |
| | sauce pan |
| | baking paper |
| | oven |
| | whisk |
| | plastic wrap |
| | double boiler |
| | baking pan |
| | hand mixer |
| | wax paper |
| | kitchen towels |
| Di | rections |
| | Put oven rack in middle position and preheat oven to 350°F. |
| | Toast hazelnuts in a shallow baking pan in oven until skins split and nuts are pale golden, about 10 minutes. |
| | Remove from oven (turn oven off), then wrap hazelnuts in a kitchen towel and rub to remove any loose skins. Cool nuts completely. Pulse nuts with granulated sugar in a food processor until finely chopped. |
| | Melt chocolate in a metal bowl set over a saucepan of barely simmering water or in top of a double boiler, stirring until smooth. |

| PROTEIN 5.44 % FAT 33.09 % CARBS 61.47 % |
|--|
| Nutrition Facts |
| Cookies keep, layered between sheets of parchment or wax paper, in an airtight container at room temperature 5 days. |
| While first batch is baking, roll remaining dough into balls. Line cooled cookie sheets with fresh parchment, then coat balls with confectioners sugar and bake in same manner. |
| Transfer cookies (still on parchment) to racks to cool completely. |
| Bake, switching position of sheets halfway through baking, until cookies are puffed and cracked and edges feel dry (but centers are still slightly soft), 12 to 18 minutes total. |
| Roll balls, 3 or 4 at a time, in confectioners sugar to coat generously and arrange 2 inches apart on lined baking sheets. |
| Roll remaining half into 1-inch balls, placing them on a sheet of wax paper as rolled. |
| Sift confectioners sugar into a bowl. Halve dough and chill 1 half, wrapped in plastic wrap. |
| Put oven racks in upper and lower thirds of oven and preheat oven to 350°F. Line 2 large baking sheets with parchment paper. |
| Add milk and vanilla, beating to incorporate. Reduce speed to low and add flour mixture, mixing until just combined. Stir in nut mixture. Cover bowl with plastic wrap and chill dough until firm, 2 to 3 hours. |
| Add eggs 1 at a time, beating well after each addition, then beat in melted chocolate until combined. |
| Beat together butter and brown sugar in another bowl with an electric mixer at medium-high speed until creamy, about 3 minutes. |
| Whisk together flour, cocoa powder, baking powder, and salt in a bowl. |
| Remove bowl from heat and set aside. |

Properties

Glycemic Index:3.96, Glycemic Load:2.74, Inflammation Score:-1, Nutrition Score:1.3278260959879%

Flavonoids

Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg Catechin: 0.09mg, Catechin: 0.0

0.03mg, Epigallocatechin: 0.03mg Epicatechin: 0.24mg, Epicatechin: 0.24mg, Epicatechin: 0.24mg, Epicatechin: 0.24mg, Epigallocatechin: 0.24mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 58.43kcal (2.92%), Fat: 2.21g (3.4%), Saturated Fat: 1g (6.28%), Carbohydrates: 9.24g (3.08%), Net Carbohydrates: 8.94g (3.25%), Sugar: 5.76g (6.4%), Cholesterol: 7.42mg (2.47%), Sodium: 819.21mg (35.62%), Alcohol: 0.02g (100%), Alcohol %: 0.12% (100%), Protein: 0.82g (1.64%), Manganese: 0.1mg (5.07%), Selenium: 1.91µg (2.72%), Vitamin B1: 0.04mg (2.63%), Folate: 9.27µg (2.32%), Iron: 0.35mg (1.92%), Vitamin B2: 0.03mg (1.83%), Copper: 0.04mg (1.81%), Phosphorus: 15.19mg (1.52%), Vitamin B3: 0.27mg (1.37%), Calcium: 13.35mg (1.34%), Vitamin E: 0.19mg (1.28%), Fiber: 0.3g (1.21%), Magnesium: 4.84mg (1.21%)