



Chocolate Hazelnut Raspberry Goodness



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



188 kcal

BEVERAGE

DRINK

Ingredients



1 fluid ounce rum raspberry liqueur



1 teaspoon milk chocolate shavings for garnish



1 fluid ounce chocolate vodka



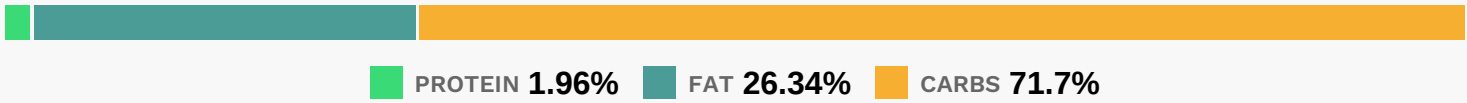
1 fluid ounce frangelico hazelnut liqueur

Equipment

Directions

Pour the Chambord, Frangelico and vodka into a cocktail shaker over ice. Cover, and shake until the outside of the shaker has frosted. Strain into a chilled martini glass, and garnish with chocolate shavings to serve.

Nutrition Facts



Properties

Glycemic Index:15, Glycemic Load:0, Inflammation Score:-3, Nutrition Score:0.8669565256847%

Nutrients (% of daily need)

Calories: 187.92kcal (9.4%), Fat: 1.98g (3.04%), Saturated Fat: 1.12g (6.98%), Carbohydrates: 12.11g (4.04%), Net Carbohydrates: 11.71g (4.26%), Sugar: 11.33g (12.59%), Cholesterol: 0.3mg (0.1%), Sodium: 3.15mg (0.14%), Alcohol: 17.56g (100%), Alcohol %: 23.77% (100%), Caffeine: 11.93mg (3.98%), Protein: 0.33g (0.66%), Copper: 0.08mg (3.81%), Manganese: 0.07mg (3.52%), Magnesium: 9.56mg (2.39%), Iron: 0.33mg (1.85%), Phosphorus: 16.07mg (1.61%), Fiber: 0.39g (1.58%), Potassium: 37.11mg (1.06%)