

Chocolate Icing



Vegetarian



Gluten Free

READY IN



45 min.

SERVINGS



24

CALORIES



26 kcal

FROSTING

ICING

Ingredients

- ☐ 1 cup confectioners' sugar
- ☐ 2 tablespoons milk
- ☐ 1 ounce chocolate unsweetened melted

Equipment

Directions

- ☐ Mix sugar, milk and unsweetened chocolate until smooth.

☐

Use this icing for dipping the Truffle Cookies.

Nutrition Facts



Properties

Glycemic Index:1.58, Glycemic Load:0.02, Inflammation Score:-1, Nutrition Score:0.46260869357249%

Flavonoids

Catechin: 0.76mg, Catechin: 0.76mg, Catechin: 0.76mg, Catechin: 0.76mg Epicatechin: 1.68mg, Epicatechin: 1.68mg, Epicatechin: 1.68mg, Epicatechin: 1.68mg

Nutrients (% of daily need)

Calories: 26.12kcal (1.31%), Fat: 0.66g (1.01%), Saturated Fat: 0.41g (2.53%), Carbohydrates: 5.4g (1.8%), Net Carbohydrates: 5.2g (1.89%), Sugar: 4.96g (5.51%), Cholesterol: 0.15mg (0.05%), Sodium: 0.86mg (0.04%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.19g (0.39%), Manganese: 0.05mg (2.47%), Copper: 0.04mg (1.93%), Iron: 0.21mg (1.16%)