



Chocolate-Key Lime Cupcake Pies

READY IN

ready

50 min.

SERVINGS

servings

1

CALORIES

calories

5706 kcal

DESSERT

Ingredients

- ☐ 0.5 cup butter melted
- ☐ 9 oz chocolate wafers such as nabisco famous
- ☐ 24 oz cream cheese softened
- ☐ 3 large eggs
- ☐ 0.3 cup key lime juice fresh
- ☐ 2 teaspoons lime zest
- ☐ 1.5 cups sugar
- ☐ 1 serving garnishes: whipped cream fresh sweetened

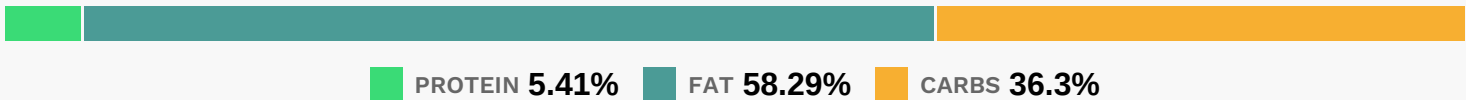
Equipment

- ☐ food processor
- ☐ oven
- ☐ hand mixer
- ☐ aluminum foil

Directions

- ☐ Preheat oven to 350
- ☐ Place 12 jumbo-size aluminum foil baking cups in lightly greased muffin pans, and coat with cooking spray.
- ☐ Pulse chocolate wafer cookies in a food processor 8 to 10 times or until finely crushed. Stir together cookie crumbs and butter; firmly press on bottom and two-thirds up sides of each baking cup (about 3 Tbsp. crumbs per cup).
- ☐ Beat cream cheese and sugar at medium speed with an electric mixer until blended.
- ☐ Add lime zest and lime juice, beating at low speed until well blended.
- ☐ Add eggs, 1 at a time, beating just until yellow disappears after each addition. Spoon mixture into prepared cups, filling completely full.
- ☐ Bake at 350 for 20 minutes or until set. Cool in pans on wire racks 15 minutes.
- ☐ Remove from pans to wire racks, and let cool 15 minutes or until completely cool. Cover and chill 4 hours.
- ☐ Garnish, if desired.

Nutrition Facts



Properties

Glycemic Index:283.59, Glycemic Load:307.64, Inflammation Score:-10, Nutrition Score:61.672608748726%

Flavonoids

Eriodictyol: 1.77mg, Eriodictyol: 1.77mg, Eriodictyol: 1.77mg, Eriodictyol: 1.77mg Hesperetin: 8.96mg, Hesperetin: 8.96mg, Hesperetin: 8.96mg, Hesperetin: 8.96mg Naringenin: 0.44mg, Naringenin: 0.44mg, Naringenin: 0.44mg, Naringenin: 0.44mg Quercetin: 0.43mg, Quercetin: 0.43mg, Quercetin: 0.43mg, Quercetin: 0.43mg

Nutrients (% of daily need)

Calories: 5706.22kcal (285.31%), Fat: 378.96g (583.01%), Saturated Fat: 212.13g (1325.8%), Carbohydrates: 530.96g (176.99%), Net Carbohydrates: 521.85g (189.76%), Sugar: 422.94g (469.93%), Cholesterol: 1498.88mg (499.63%), Sodium: 4564.24mg (198.45%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 25.51mg (8.5%), Protein: 79.11g (158.21%), Vitamin A: 12898.03IU (257.96%), Vitamin B2: 3.04mg (178.91%), Selenium: 122.22µg (174.6%), Phosphorus: 1406.4mg (140.64%), Manganese: 1.92mg (95.98%), Calcium: 871.99mg (87.2%), Vitamin E: 12.12mg (80.81%), Iron: 13.88mg (77.09%), Vitamin B5: 7.4mg (74.01%), Copper: 1.46mg (72.89%), Folate: 263.63µg (65.91%), Magnesium: 224.09mg (56.02%), Zinc: 8.34mg (55.61%), Vitamin B12: 3.27µg (54.53%), Vitamin B1: 0.76mg (50.91%), Potassium: 1781.44mg (50.9%), Vitamin B3: 8.2mg (41.02%), Vitamin B6: 0.8mg (40.22%), Fiber: 9.11g (36.44%), Vitamin C: 25.36mg (30.74%), Vitamin K: 29.43µg (28.03%), Vitamin D: 3.02µg (20.16%)