



WHATSheATE



Chocolate Maraschino Cherry Cake



Dairy Free

READY IN



70 min.

SERVINGS



16

CALORIES



353 kcal

DESSERT

Ingredients

- ☐ 1 cup almonds chopped
- ☐ 3 eggs
- ☐ 18.3 ounce chocolate fudge cake mix
- ☐ 16 ounce maraschino cherries drained chopped
- ☐ 1 cup mayonnaise
- ☐ 0.8 cup cocoa powder unsweetened
- ☐ 1.3 cups water

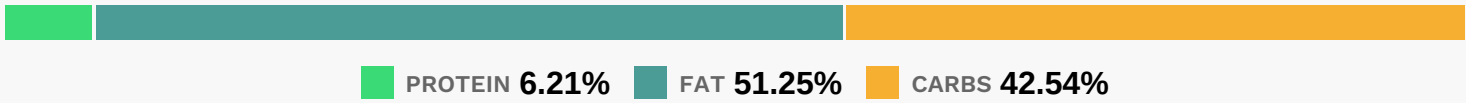
Equipment

- ☐ bowl
- ☐ frying pan
- ☐ oven
- ☐ toothpicks

Directions

- ☐ Preheat oven to 350 degrees F (175 degrees C). Grease and flour two 9 inch pans.
- ☐ In a large bowl, stir together cake mix and cocoa. Make a well in the center and pour in water, mayonnaise and eggs. Beat on low speed until blended. Scrape bowl, and beat 2 minutes on medium speed. Stir in chopped nuts and cherries.
- ☐ Pour batter into prepared pan.
- ☐ Bake in the preheated oven for 35 to 40 minutes, or until a toothpick inserted into the center of the cake comes out clean. Allow to cool.

Nutrition Facts



Properties

Glycemic Index:3.75, Glycemic Load:0.12, Inflammation Score:-4, Nutrition Score:9.876521654751%

Flavonoids

Cyanidin: 0.22mg, Cyanidin: 0.22mg, Cyanidin: 0.22mg, Cyanidin: 0.22mg Catechin: 2.73mg, Catechin: 2.73mg, Catechin: 2.73mg, Catechin: 2.73mg Epigallocatechin: 0.23mg, Epigallocatechin: 0.23mg, Epigallocatechin: 0.23mg, Epigallocatechin: 0.23mg Epicatechin: 7.97mg, Epicatechin: 7.97mg, Epicatechin: 7.97mg, Epicatechin: 7.97mg Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg Isorhamnetin: 0.24mg, Isorhamnetin: 0.24mg, Isorhamnetin: 0.24mg, Isorhamnetin: 0.24mg Kaempferol: 0.03mg, Kaempferol: 0.03mg, Kaempferol: 0.03mg, Kaempferol: 0.03mg Quercetin: 0.44mg, Quercetin: 0.44mg, Quercetin: 0.44mg, Quercetin: 0.44mg

Nutrients (% of daily need)

Calories: 353.11kcal (17.66%), Fat: 21.37g (32.88%), Saturated Fat: 3.63g (22.67%), Carbohydrates: 39.92g (13.31%), Net Carbohydrates: 35.62g (12.95%), Sugar: 23.95g (26.62%), Cholesterol: 36.57mg (12.19%), Sodium: 370.44mg (16.11%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 12.83mg (4.28%), Protein: 5.83g (11.66%), Vitamin K: 24.6µg (23.43%), Manganese: 0.44mg (21.89%), Vitamin E: 3.21mg (21.41%), Copper: 0.43mg (21.32%), Phosphorus: 180.01mg (18%), Fiber: 4.29g (17.17%), Magnesium: 61.91mg (15.48%), Iron: 2.64mg (14.68%), Vitamin B2: 0.2mg

(11.98%), Selenium: 7.86µg (11.23%), Calcium: 99.35mg (9.93%), Folate: 29.85µg (7.46%), Potassium: 253.63mg (7.25%), Zinc: 1.02mg (6.77%), Vitamin B1: 0.08mg (5.41%), Vitamin B3: 0.94mg (4.68%), Vitamin B5: 0.26mg (2.62%), Vitamin B6: 0.05mg (2.31%), Vitamin B12: 0.09µg (1.5%), Vitamin A: 67.47IU (1.35%), Vitamin D: 0.19µg (1.29%)