

## Chocolate Mice

READY IN



140 min.

SERVINGS



12

CALORIES



117 kcal

SIDE DISH

### Ingredients

- 0.3 cup almonds sliced
- 0.3 cup powdered sugar
- 0.3 cup cookie crumbs
- 2 inch long breadsticks red
- 24 m&m candies
- 4 ounce bittersweet chocolate
- 0.3 cup cream sour

### Equipment

## Directions

- Melt the chocolate, and combine with sour cream. Stir in 1 cup chocolate cookie crumbs. Cover and refrigerate until firm.
- Roll by level tablespoonfuls into balls. Mold to a slight point at one end (the nose).
- Roll dough in confectioners sugar (for white mice), and in chocolate cookie crumbs (for dark mice). On each mouse, place dragees in appropriate spot for eyes, almond slices for ears, and a licorice string for the tail.
- Refrigerate for at least two hours, until firm.

## Nutrition Facts

**PROTEIN 4.85%** **FAT 53.21%** **CARBS 41.94%**

## Properties

Glycemic Index:9.67, Glycemic Load:1.26, Inflammation Score:-1, Nutrition Score:2.5321739218805%

## Flavonoids

Cyanidin: 0.05mg, Cyanidin: 0.05mg, Cyanidin: 0.05mg, Cyanidin: 0.05mg Catechin: 0.02mg, Catechin: 0.02mg, Catechin: 0.02mg, Catechin: 0.02mg Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Isorhamnetin: 0.05mg, Isorhamnetin: 0.05mg, Isorhamnetin: 0.05mg, Isorhamnetin: 0.05mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

## Nutrients (% of daily need)

Calories: 117.32kcal (5.87%), Fat: 7.02g (10.8%), Saturated Fat: 3.32g (20.72%), Carbohydrates: 12.45g (4.15%), Net Carbohydrates: 11.35g (4.13%), Sugar: 8.89g (9.88%), Cholesterol: 4.64mg (1.55%), Sodium: 14.2mg (0.62%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 8.13mg (2.71%), Protein: 1.44g (2.88%), Manganese: 0.19mg (9.28%), Copper: 0.14mg (7.14%), Magnesium: 23.06mg (5.76%), Fiber: 1.1g (4.4%), Iron: 0.79mg (4.38%), Vitamin E: 0.64mg (4.26%), Phosphorus: 41.28mg (4.13%), Vitamin B2: 0.05mg (2.75%), Zinc: 0.35mg (2.34%), Potassium: 79.07mg (2.26%), Selenium: 1.57µg (2.24%), Calcium: 20.27mg (2.03%), Vitamin B3: 0.25mg (1.26%), Vitamin B1: 0.02mg (1.23%), Vitamin K: 1.08µg (1.03%), Vitamin A: 51.42IU (1.03%)