

Chocolate Mice

 Popular

READY IN

ready

140 min.

SERVINGS

servings

12

CALORIES

calories

117 kcal

SIDE DISH

Ingredients

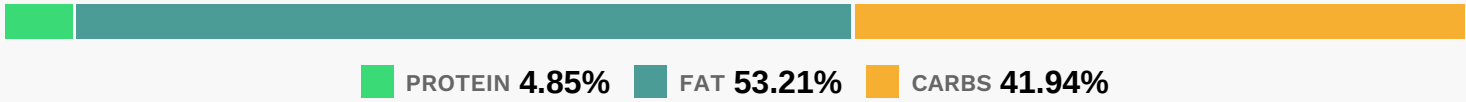
- ☐ 0.3 cup almonds sliced
- ☐ 0.3 cup confectioners' sugar
- ☐ 0.3 cup chocolate cookie crumbs
- ☐ 2 inch long vine licorice red
- ☐ 24 silver dragees decorating candy
- ☐ 4 ounce bittersweet chocolate
- ☐ 0.3 cup cup heavy whipping cream sour

Equipment

Directions

- ☐ Melt the chocolate, and combine with sour cream. Stir in 1 cup chocolate cookie crumbs. Cover and refrigerate until firm.
- ☐ Roll by level tablespoonfuls into balls. Mold to a slight point at one end (the nose).
- ☐ Roll dough in confectioners sugar (for white mice), and in chocolate cookie crumbs (for dark mice). On each mouse, place dragees in appropriate spot for eyes, almond slices for ears, and a licorice string for the tail.
- ☐ Refrigerate for at least two hours, until firm.

Nutrition Facts



Properties

Glycemic Index:9.67, Glycemic Load:1.26, Inflammation Score:-1, Nutrition Score:2.5321739218805%

Flavonoids

Cyanidin: 0.05mg, Cyanidin: 0.05mg, Cyanidin: 0.05mg, Cyanidin: 0.05mg Catechin: 0.02mg, Catechin: 0.02mg, Catechin: 0.02mg, Catechin: 0.02mg Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Isorhamnetin: 0.05mg, Isorhamnetin: 0.05mg, Isorhamnetin: 0.05mg, Isorhamnetin: 0.05mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 117.32kcal (5.87%), Fat: 7.02g (10.8%), Saturated Fat: 3.32g (20.72%), Carbohydrates: 12.45g (4.15%), Net Carbohydrates: 11.35g (4.13%), Sugar: 8.89g (9.88%), Cholesterol: 4.64mg (1.55%), Sodium: 14.2mg (0.62%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 8.13mg (2.71%), Protein: 1.44g (2.88%), Manganese: 0.19mg (9.28%), Copper: 0.14mg (7.14%), Magnesium: 23.06mg (5.76%), Fiber: 1.1g (4.4%), Iron: 0.79mg (4.38%), Vitamin E: 0.64mg (4.26%), Phosphorus: 41.28mg (4.13%), Vitamin B2: 0.05mg (2.75%), Zinc: 0.35mg (2.34%), Potassium: 79.07mg (2.26%), Selenium: 1.57µg (2.24%), Calcium: 20.27mg (2.03%), Vitamin B3: 0.25mg (1.26%), Vitamin B1: 0.02mg (1.23%), Vitamin A: 51.42IU (1.03%), Vitamin K: 1.08µg (1.03%)