



Chocolate Mint Crinkles

 Dairy Free

READY IN



185 min.

SERVINGS



60

CALORIES



56 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 2 teaspoons double-acting baking powder
- 60 servings candy canes flavored kisses®
- 4 large eggs
- 2 cups flour all-purpose
- 2 cups granulated sugar
- 1 teaspoon peppermint extract
- 0.5 cup powdered sugar
- 0.5 teaspoon salt

- 1 cup cocoa powder unsweetened
- 1 teaspoon vanilla
- 0.5 cup vegetable oil

Equipment

- bowl
- baking sheet
- baking paper
- oven
- whisk
- wire rack
- plastic wrap

Directions

- In medium bowl, mix flour, baking cocoa, baking powder and salt; set aside.
- In large bowl, beat granulated sugar, oil and eggs with whisk until well mixed. Beat in vanilla and peppermint extract.
- Stir dry ingredients into wet ingredients just until combined. Cover bowl with plastic wrap, and refrigerate at least 2 hours.
- Heat oven to 350F. Line cookie sheets with cooking parchment paper.
- Place powdered sugar in small bowl. Shape dough into tablespoon-size balls; roll in powdered sugar.
- Place on cookie sheets about 1 1/2 inches apart.
- Bake 10 to 12 minutes, until cookies crackle and dough doesn't look raw. When cookies are done, immediately place a KISSES candy in center of each cookie, and press lightly. Cool on cookie sheet 2 minutes.
- Remove to cooling rack; cool completely until candy is set.

Nutrition Facts



■ PROTEIN 7.56% ■ FAT 14.11% ■ CARBS 78.33%

Properties

Glycemic Index:3.95, Glycemic Load:6.99, Inflammation Score:-1, Nutrition Score:1.5852173955544%

Flavonoids

Catechin: 0.93mg, Catechin: 0.93mg, Catechin: 0.93mg, Catechin: 0.93mg Epicatechin: 2.82mg, Epicatechin: 2.82mg, Epicatechin: 2.82mg, Epicatechin: 2.82mg Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg

Nutrients (% of daily need)

Calories: 56.42kcal (2.82%), Fat: 0.94g (1.44%), Saturated Fat: 0.28g (1.76%), Carbohydrates: 11.73g (3.91%), Net Carbohydrates: 11.08g (4.03%), Sugar: 7.7g (8.55%), Cholesterol: 12.4mg (4.13%), Sodium: 38.73mg (1.68%), Alcohol: 0.05g (100%), Alcohol %: 0.29% (100%), Caffeine: 3.3mg (1.1%), Protein: 1.13g (2.26%), Manganese: 0.09mg (4.25%), Selenium: 2.69µg (3.84%), Copper: 0.06mg (3.17%), Iron: 0.47mg (2.61%), Fiber: 0.64g (2.57%), Phosphorus: 24.55mg (2.45%), Folate: 9.65µg (2.41%), Vitamin B2: 0.04mg (2.4%), Vitamin B1: 0.04mg (2.34%), Magnesium: 8.52mg (2.13%), Vitamin B3: 0.28mg (1.4%), Calcium: 12.26mg (1.23%), Zinc: 0.17mg (1.14%)