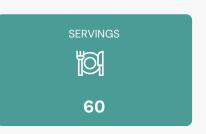


Chocolate Mint Crinkles

a Dairy Free







ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

2 teaspoons double-acting baking powder
60 servings candy canes flavored kisses®
4 large eggs
2 cups flour all-purpose
2 cups granulated sugar
1 teaspoon peppermint extract

0.5 cup powdered sugar

0.5 teaspoon salt

	1 cup cocoa powder unsweetened	
	1 teaspoon vanilla	
	0.5 cup vegetable oil	
Equipment		
	bowl	
	baking sheet	
	baking paper	
	oven	
	whisk	
	wire rack	
	plastic wrap	
Directions		
	In medium bowl, mix flour, baking cocoa, baking powder and salt; set aside.	
	In large bowl, beat granulated sugar, oil and eggs with whisk until well mixed. Beat in vanilla and peppermint extract.	
	Stir dry ingredients into wet ingredients just until combined. Cover bowl with plastic wrap, and refrigerate at least 2 hours.	
	Heat oven to 350F. Line cookie sheets with cooking parchment paper.	
	Place powdered sugar in small bowl. Shape dough into tablespoon-size balls; roll in powdered sugar.	
	Place on cookie sheets about 11/2 inches apart.	
	Bake 10 to 12 minutes, until cookies crackle and dough doesnt look raw. When cookies are done, immediately place a KISSES candy in center of each cookie, and press lightly. Cool on cookie sheet 2 minutes.	
	Remove to cooling rack; cool completely until candy is set.	

Nutrition Facts

Properties

Glycemic Index:3.95, Glycemic Load:6.99, Inflammation Score:-1, Nutrition Score:1.5852173955544%

Flavonoids

Catechin: 0.93mg, Catechin: 0.93mg, Catechin: 0.93mg, Catechin: 0.93mg Epicatechin: 2.82mg, Epicatechin: 2.82mg, Epicatechin: 2.82mg, Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg

Nutrients (% of daily need)

Calories: 56.42kcal (2.82%), Fat: 0.94g (1.44%), Saturated Fat: 0.28g (1.76%), Carbohydrates: 11.73g (3.91%), Net Carbohydrates: 11.08g (4.03%), Sugar: 7.7g (8.55%), Cholesterol: 12.4mg (4.13%), Sodium: 38.73mg (1.68%), Alcohol: 0.05g (100%), Alcohol %: 0.29% (100%), Caffeine: 3.3mg (1.1%), Protein: 1.13g (2.26%), Manganese: 0.09mg (4.25%), Selenium: 2.69µg (3.84%), Copper: 0.06mg (3.17%), Iron: 0.47mg (2.61%), Fiber: 0.64g (2.57%), Phosphorus: 24.55mg (2.45%), Folate: 9.65µg (2.41%), Vitamin B2: 0.04mg (2.4%), Vitamin B1: 0.04mg (2.34%), Magnesium: 8.52mg (2.13%), Vitamin B3: 0.28mg (1.4%), Calcium: 12.26mg (1.23%), Zinc: 0.17mg (1.14%)