

Ingredients

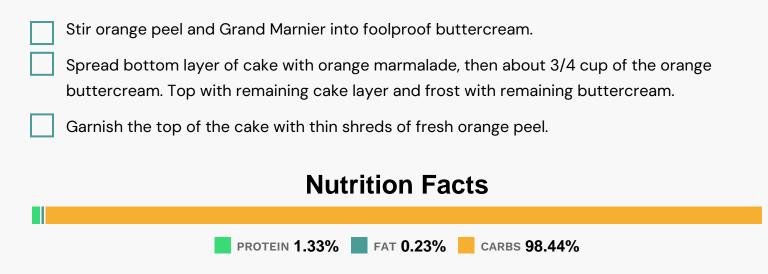
- 2 tablespoons orange juice concentrate orange-flavored frozen thawed
- 0.3 cup orange marmalade
- 1 tablespoon orange zest grated

16 servings frangelico

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Equipment

Directions



Properties

Glycemic Index:O, Glycemic Load:O, Inflammation Score:-1, Nutrition Score:0.38043478042211%

Nutrients (% of daily need)

Calories: 19.5kcal (0.97%), Fat: 0.01g (0.01%), Saturated Fat: Og (0.01%), Carbohydrates: 5.16g (1.72%), Net Carbohydrates: 5.06g (1.84%), Sugar: 4.55g (5.05%), Cholesterol: Omg (0%), Sodium: 3.87mg (0.17%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.07g (0.14%), Vitamin C: 3.51mg (4.25%)