

# **Chocolate Peanut Butter Cup Cupcakes**







DESSERT

## Ingredients

I box devii s food cake mix
O.8 cup cocoa powder
5 large eggs
3 tablespoons half & half
0.3 cup heavy cream
0.5 cup part cream part milk
1 cup peanut butter
24 peanut butter cups and sprinkles miniature

4 cups powdered sugar

	1 teaspoon salt salted (omit if using butter)
	2 cups semi chocolate chips
	1 tablespoons butter unsalted
	2 sticks butter unsalted
	1 tablespoon vanilla
	0.5 cup vegetable oil
	1 cup water brewed (or coffee)
Equipment	
	bowl
	oven
	knife
	double boiler
	hand mixer
	aluminum foil
	microwave
	muffin liners
Directions	
	Preheat oven to 350 degrees F. Line 24 muffin cups with paper or foil liners.Beat together cake mix, water, eggs and oil with an electric mixer. When smooth, divide batter evenly between cupcake pans.
	Bake on center rack 20 minutes, then remove to rack to cool completely.
	Mix together peanut butter, 1/2 cup powdered sugar and 3 tablespoons half and half. Using a knife, cut a hole in the cupcake and fill it with about a tablespoon of the peanut butter mixture. For frosting, beat together the 2 sticks of butter, 4 cups powdered sugar, vanilla and cocoa powder.
	Add enough half and half to make a creamy consistency, beating all the while. Frost each cupcake generously or pipe on a big dollop. At this point, you might want to chill the frosting so it's nice and firm when the warm topping goes on. For topping, melt the chips, butter and cream together in a microwave-safe bowl using 50% power and stirring every 30 seconds or

melt in a double boiler. Spoon a little topping in the center of each cupcake to make a circle or drizzle it. Put sprinkles around the bit of topping. Top center of each cupcake with a peanut butter cup.

### **Nutrition Facts**

PROTEIN 6.08% FAT 53.03% CARBS 40.89%

#### **Properties**

Glycemic Index: 2.67, Glycemic Load: 0.26, Inflammation Score: -5, Nutrition Score: 9.5186956495694%

#### **Flavonoids**

Catechin: 1.74mg, Catechin: 1.74mg, Catechin: 1.74mg, Catechin: 1.74mg Epicatechin: 5.28mg, Epicatechin: 5.28mg, Epicatechin: 5.28mg, Quercetin: 0.27mg, Quercetin: 0.27mg, Quercetin: 0.27mg, Quercetin: 0.27mg

#### Nutrients (% of daily need)

Calories: 463.31kcal (23.17%), Fat: 28.42g (43.73%), Saturated Fat: 12.71g (79.43%), Carbohydrates: 49.31g (16.44%), Net Carbohydrates: 45.92g (16.7%), Sugar: 36.91g (41.01%), Cholesterol: 67.24mg (22.41%), Sodium: 244.44mg (10.63%), Alcohol: 0.19g (100%), Alcohol %: 0.2% (100%), Caffeine: 25.5mg (8.5%), Protein: 7.34g (14.68%), Manganese: 0.51mg (25.37%), Copper: 0.44mg (21.75%), Phosphorus: 186.45mg (18.65%), Magnesium: 73.46mg (18.36%), Iron: 2.61mg (14.48%), Fiber: 3.39g (13.58%), Vitamin E: 1.74mg (11.62%), Selenium: 8.13µg (11.62%), Vitamin B3: 2.26mg (11.29%), Vitamin B2: 0.15mg (8.93%), Potassium: 304.29mg (8.69%), Zinc: 1.27mg (8.45%), Vitamin A: 384.24IU (7.68%), Folate: 30.47µg (7.62%), Calcium: 68.25mg (6.82%), Vitamin B1: 0.07mg (4.81%), Vitamin B6: 0.09mg (4.63%), Vitamin B5: 0.46mg (4.56%), Vitamin K: 4.6µg (4.38%), Vitamin B12: 0.17µg (2.87%), Vitamin D: 0.4µg (2.65%)