



Chocolate-Raspberry Truffle Cake

READY IN



45 min.

SERVINGS



8

CALORIES



475 kcal

DESSERT

Ingredients

- ☐ 0.1 teaspoon almond extract
- ☐ 12 ounces bittersweet chocolate coarsely chopped
- ☐ 6 large eggs
- ☐ 2 tablespoons flour all-purpose
- ☐ 10 ounce raspberries frozen thawed
- ☐ 0.3 cup sugar
- ☐ 8 servings whipped cream sweetened
- ☐ 0.5 cup butter unsalted cut into pieces
- ☐ 0.3 cup water

Equipment

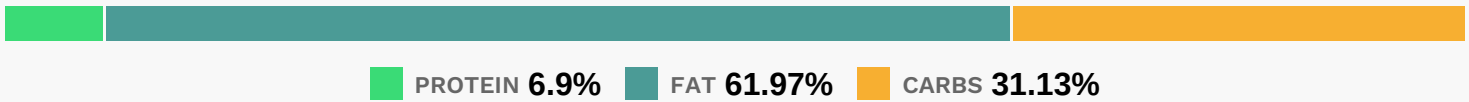
- ☐ food processor
- ☐ bowl
- ☐ frying pan
- ☐ sauce pan
- ☐ oven
- ☐ knife
- ☐ whisk
- ☐ wire rack
- ☐ sieve
- ☐ hand mixer
- ☐ wax paper

Directions

- ☐ Puree raspberries in a food processor. Press raspberry mixture through a wire-mesh sieve, using the back of a spoon to squeeze out juice. Discard seeds. Bring juice to a boil over high heat; cook over medium heat, stirring often, until mixture is reduced to 1/2 cup.
- ☐ Remove from heat, and cool completely.
- ☐ Butter an 8" round cakepan, and line bottom with wax paper.
- ☐ Cook water and sugar in a saucepan over medium heat until sugar dissolves, stirring occasionally.
- ☐ Add butter, and cook, stirring occasionally, until butter melts.
- ☐ Remove from heat, and add chocolate; stir until smooth. Cool.
- ☐ Whisk together raspberry reduction, eggs, flour, and almond extract in a large bowl.
- ☐ Add chocolate mixture, and beat at medium speed with an electric mixer until blended.
- ☐ Pour into prepared cakepan.
- ☐ Place cakepan in a larger pan; add hot water to large pan to a depth of 1".
- ☐ Bake at 325 for 42 to 45 minutes.

- ☐ Remove from water bath. Cool cake completely in pan on a wire rack.
- ☐ Run a thin knife around pan to loosen cake. Invert cake onto a platter; remove wax paper, and invert onto another platter.
- ☐ Cut cake into wedges, and serve with sweetened whipped cream and fresh berries, if desired.
- ☐ Make-Ahead Plan: If desired, cake can be made a day ahead. Cover and chill in refrigerator; let stand at room temperature at least 1 hour before serving.

Nutrition Facts



Properties

Glycemic Index:28.26, Glycemic Load:7.76, Inflammation Score:-6, Nutrition Score:13.237826098566%

Flavonoids

Cyanidin: 16.22mg, Cyanidin: 16.22mg, Cyanidin: 16.22mg, Cyanidin: 16.22mg Petunidin: 0.11mg, Petunidin: 0.11mg, Petunidin: 0.11mg, Petunidin: 0.11mg Delphinidin: 0.47mg, Delphinidin: 0.47mg, Delphinidin: 0.47mg, Delphinidin: 0.47mg Malvidin: 0.05mg, Malvidin: 0.05mg, Malvidin: 0.05mg, Malvidin: 0.05mg Pelargonidin: 0.35mg, Pelargonidin: 0.35mg, Pelargonidin: 0.35mg, Pelargonidin: 0.35mg Peonidin: 0.04mg, Peonidin: 0.04mg, Peonidin: 0.04mg, Peonidin: 0.04mg Catechin: 0.46mg, Catechin: 0.46mg, Catechin: 0.46mg, Catechin: 0.46mg Epigallocatechin: 0.16mg, Epigallocatechin: 0.16mg, Epigallocatechin: 0.16mg, Epigallocatechin: 0.16mg Epicatechin: 1.25mg, Epicatechin: 1.25mg, Epicatechin: 1.25mg, Epicatechin: 1.25mg Epigallocatechin 3-gallate: 0.19mg, Epigallocatechin 3-gallate: 0.19mg, Epigallocatechin 3-gallate: 0.19mg, Epigallocatechin 3-gallate: 0.19mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Quercetin: 0.37mg, Quercetin: 0.37mg, Quercetin: 0.37mg, Quercetin: 0.37mg

Nutrients (% of daily need)

Calories: 474.5kcal (23.73%), Fat: 32.97g (50.73%), Saturated Fat: 18.67g (116.69%), Carbohydrates: 37.27g (12.42%), Net Carbohydrates: 31.52g (11.46%), Sugar: 26.13g (29.04%), Cholesterol: 177.11mg (59.04%), Sodium: 60.52mg (2.63%), Alcohol: 0.02g (100%), Alcohol %: 0.02% (100%), Caffeine: 36.57mg (12.19%), Protein: 8.26g (16.52%), Manganese: 0.83mg (41.26%), Copper: 0.6mg (29.87%), Fiber: 5.76g (23.02%), Selenium: 16.07µg (22.95%), Magnesium: 88.6mg (22.15%), Phosphorus: 205.86mg (20.59%), Iron: 3.69mg (20.47%), Vitamin B2: 0.23mg (13.25%), Vitamin A: 631.1IU (12.62%), Zinc: 1.81mg (12.06%), Vitamin C: 9.28mg (11.25%), Potassium: 360.86mg (10.31%), Vitamin E: 1.32mg (8.81%), Vitamin B5: 0.86mg (8.61%), Vitamin B12: 0.45µg (7.53%), Folate: 29.1µg (7.28%), Vitamin K: 7.05µg (6.72%), Calcium: 66.36mg (6.64%), Vitamin D: 0.99µg (6.58%), Vitamin B6: 0.1mg (5.07%), Vitamin B1: 0.06mg (3.84%), Vitamin B3: 0.72mg (3.59%)