

Chocolate spider cookies

Popular







DESSERT

Ingredients

200 g chocolate

308 g oreo cookies

14 servings chocolate icing white

____ 14 servings chocolate icing black

113 g frangelico

113 g frangelico

Equipment

bowl

	frying pan
Directions	
	Melt the chocolate in a heatproof bowl over a pan of barely simmering water. Once melted, turn off the heat and leave the chocolate in the bowl to keep warm while you assemble the spiders. Unroll some of the liquorice wheels and cut into 2–3cm lengths to use as the Chocolate spiders legs. Splodge a small tsp of chocolate onto half of the cookies. Arrange eight liquorice legs on top, then sandwich with another cookie.
	Spread some more chocolate on top of the second cookie to cover, then put somewhere cook to set. Use the icing pens to add eyes, by first blobbing two big dots of white icing on each, topped with two smaller dots of black icing.
Nutrition Facts	
	PROTEIN 1.62% FAT 38.97% CARBS 59.41%

Properties

Glycemic Index:9.19, Glycemic Load:19.69, Inflammation Score:-1, Nutrition Score:4.9939130263646%

Nutrients (% of daily need)

Calories: 408.59kcal (20.43%), Fat: 18.16g (27.94%), Saturated Fat: 5.77g (36.09%), Carbohydrates: 62.27g (20.76%), Net Carbohydrates: 60.85g (22.13%), Sugar: 51.64g (57.38%), Cholesterol: Omg (0%), Sodium: 190.69mg (8.29%), Alcohol: Og (100%), Alcohol %: O% (100%), Caffeine: 10.53mg (3.51%), Protein: 1.7g (3.41%), Iron: 3.15mg (17.48%), Vitamin B2: 0.26mg (15.05%), Vitamin K: 14.21µg (13.53%), Manganese: 0.22mg (10.99%), Vitamin E: 1.44mg (9.58%), Copper: 0.16mg (7.77%), Magnesium: 27.04mg (6.76%), Fiber: 1.42g (5.69%), Phosphorus: 51.54mg (5.15%), Folate: 18.33µg (4.58%), Vitamin B3: 0.79mg (3.95%), Vitamin B1: 0.05mg (3.45%), Potassium: 111.95mg (3.2%), Zinc: 0.42mg (2.78%), Selenium: 1.6µg (2.29%), Vitamin B5: 0.11mg (1.07%)