

Chocolate Stout Cupcakes with Vanilla Bean Frosting







DESSERT

Ingredients

1 box german chocolate
3 eggs
0.5 cup vegetable oil
0.8 cup porter
0.5 cup butter softened
4 cups powdered sugar
0.3 cup milk

1 vanilla pod

Equipment		
	bowl	
	oven	
	hand mixer	
	toothpicks	
	muffin liners	
Diı	rections	
	Heat oven to 350°F.	
	Place paper baking cup in each of 24 regular-size muffin cups.	
	In large bowl, beat cake mix, eggs, oil and beer with electric mixer on low speed 30 seconds, then on medium speed 2 minutes, scraping bowl occasionally. Divide batter evenly among muffin cups.	
	Bake about 20 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes remove cupcakes from pans to cooling racks. Cool completely, about 30 minutes.	
	In medium bowl, beat butter and powdered sugar with electric mixer on medium-low speed until combined. Gradually beat in milk.	
	Cut vanilla bean in half and scrape out seeds. Discard bean; add seeds to frosting. Beat on medium speed until fluffy. Pipe or spread frosting on cupcakes.	
	Nutrition Facts	
	PROTEIN 2.59% FAT 36.4% CARBS 61.01%	

Properties

Glycemic Index:3.67, Glycemic Load:0.06, Inflammation Score:-1, Nutrition Score:0.91347825187056%

Nutrients (% of daily need)

Calories: 132.89kcal (6.64%), Fat: 5.42g (8.34%), Saturated Fat: 2.81g (17.57%), Carbohydrates: 20.44g (6.81%), Net Carbohydrates: 20.44g (7.43%), Sugar: 19.77g (21.96%), Cholesterol: 31.03mg (10.34%), Sodium: 39.91mg (1.74%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 0.87g (1.74%), Vitamin A: 153.37IU (3.07%), Selenium: 1.92µg (2.74%), Vitamin B2: 0.04mg (2.07%), Vitamin K: 2.03µg (1.93%), Vitamin E: 0.24mg (1.62%), Phosphorus: 15.45mg

(1.54%), Vitamin B12: 0.08µg (1.25%), Vitamin B5: 0.1mg (1.02%)