

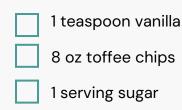
# **Chocolate Toffee Crinkle Cookies**

Dairy Free



### Ingredients

- 8 oz baker's chocolate chopped
- 0.3 cup butter
- 1.3 cups flour all-purpose
- 0.3 cup cocoa powder unsweetened
  - 0.5 teaspoon baking soda
- 0.3 teaspoon salt
- 1 cup sugar
  - 2 eggs



## Equipment

bowl
baking sheet
sauce pan
baking paper
oven

#### hand mixer

### Directions

- In 1-quart saucepan, heat chocolate and butter over medium-low heat, stirring frequently, until chocolate is melted and mixture is smooth; cool.
  - Heat oven to 350°F. Grease or line cookie sheets with cooking parchment paper. In medium bowl, stir together flour, cocoa, baking soda and salt; set aside. In large bowl, beat 1 cup sugar, the eggs and vanilla with electric mixer on medium speed 2 minutes or until well blended.
- Add cooled chocolate mixture; beat on low speed until combined. Slowly beat in flour mixture until soft dough forms. Stir in toffee bits.
- Shape dough into 11/4-inch balls. Onto ungreased cookie sheets, place balls 2 inches apart. With bottom of glass dipped in sugar, flatten slightly.
  - Bake 8 to 10 minutes or until tops are dry (cookies will be soft in center). Cool 3 minutes; remove from cookie sheets to cooling racks. Cool completely before storing in airtight container.

### **Nutrition Facts**

protein 5.35% 📕 fat 47.68% 📒 carbs 46.97%

#### **Properties**

Glycemic Index:11.09, Glycemic Load:12.88, Inflammation Score:-4, Nutrition Score:5.273043397895%

#### Flavonoids

Catechin: 6.66mg, Catechin: 6.66mg, Catechin: 6.66mg, Catechin: 6.66mg Epicatechin: 15.16mg, Epicatechin: 15.16mg, Epicatechin: 15.16mg Quercetin: 0.09mg, Quercetin: 0.09mg, Quercetin: 0.09mg, Quercetin: 0.09mg, Quercetin: 0.09mg

#### Nutrients (% of daily need)

Calories: 182.74kcal (9.14%), Fat: 10.51g (16.16%), Saturated Fat: 5.59g (34.95%), Carbohydrates: 23.29g (7.76%), Net Carbohydrates: 21.21g (7.71%), Sugar: 14.97g (16.63%), Cholesterol: 23.47mg (7.82%), Sodium: 89.98mg (3.91%), Alcohol: 0.06g (100%), Alcohol %: 0.18% (100%), Caffeine: 9.62mg (3.21%), Protein: 2.65g (5.3%), Manganese: 0.47mg (23.73%), Copper: 0.35mg (17.63%), Iron: 2.14mg (11.9%), Magnesium: 37.71mg (9.43%), Fiber: 2.08g (8.3%), Zinc: 1.08mg (7.18%), Selenium: 4.36µg (6.22%), Phosphorus: 62.24mg (6.22%), Vitamin B1: 0.07mg (4.54%), Vitamin A: 213.24IU (4.26%), Folate: 16.78µg (4.2%), Vitamin B2: 0.07mg (4.1%), Potassium: 110.32mg (3.15%), Vitamin B3: 0.54mg (2.69%), Calcium: 17.76mg (1.78%), Vitamin E: 0.24mg (1.62%), Vitamin K: 1.23µg (1.18%), Vitamin B5: 0.12mg (1.18%)