

Chocolate Toffee Crinkle Cookies

airy Free







DESSERT

Ingredients

8 oz baker's chocolate chopped
0.5 teaspoon baking soda
2 eggs
1.3 cups flour all-purpose
0.3 cup butter
0.3 teaspoon salt
1 cup sugar

24 servings sugar

	8 oz toffee chips	
	0.3 cup cocoa powder unsweetened	
	1 teaspoon vanilla	
Eq	uipment	
	bowl	
	baking sheet	
	sauce pan	
	baking paper	
	oven	
	hand mixer	
Directions		
	In 1-quart saucepan, heat chocolate and butter over medium-low heat, stirring frequently, until chocolate is melted and mixture is smooth; cool.	
	Heat oven to 350F. Grease or line cookie sheets with cooking parchment paper. In medium bowl, stir together flour, cocoa, baking soda and salt; set aside. In large bowl, beat 1 cup sugar, the eggs and vanilla with electric mixer on medium speed 2 minutes or until well blended.	
	Add cooled chocolate mixture; beat on low speed until combined. Slowly beat in flour mixture until soft dough forms. Stir in toffee bits.	
	Shape dough into 11/4-inch balls. Onto ungreased cookie sheets, place balls 2 inches apart. With bottom of glass dipped in sugar, flatten slightly.	
	Bake 8 to 10 minutes or until tops are dry (cookies will be soft in center). Cool 3 minutes; remove from cookie sheets to cooling racks. Cool completely before storing in airtight container.	
	Nutrition Facts	
	PROTEIN 4.34% FAT 38.81% CARBS 56.85%	
	FROIGIN 4.34 /0 FAI 30.01 /0 CARBS 30.03 /0	

Properties

Flavonoids

Catechin: 6.66mg, Catechin: 6.66mg, Catechin: 6.66mg, Catechin: 6.66mg Epicatechin: 15.16mg, Epicatechin: 15.16mg, Epicatechin: 15.16mg, Quercetin: 0.09mg, Quercetin: 0.09mg, Quercetin: 0.09mg, Quercetin: 0.09mg

Nutrients (% of daily need)

Calories: 227.01kcal (11.35%), Fat: 10.54g (16.22%), Saturated Fat: 5.59g (34.95%), Carbohydrates: 34.74g (11.58%), Net Carbohydrates: 32.67g (11.88%), Sugar: 26.44g (29.38%), Cholesterol: 23.47mg (7.82%), Sodium: 90.09mg (3.92%), Alcohol: 0.06g (100%), Alcohol %: 0.14% (100%), Caffeine: 9.62mg (3.21%), Protein: 2.65g (5.3%), Manganese: 0.47mg (23.75%), Copper: 0.35mg (17.67%), Iron: 2.15mg (11.94%), Magnesium: 37.71mg (9.43%), Fiber: 2.08g (8.3%), Zinc: 1.08mg (7.18%), Selenium: 4.42µg (6.32%), Phosphorus: 62.24mg (6.22%), Vitamin B1: 0.07mg (4.54%), Vitamin A: 213.24IU (4.26%), Vitamin B2: 0.07mg (4.23%), Folate: 16.78µg (4.2%), Potassium: 110.55mg (3.16%), Vitamin B3: 0.54mg (2.69%), Calcium: 17.88mg (1.79%), Vitamin E: 0.24mg (1.62%), Vitamin K: 1.23µg (1.18%), Vitamin B5: 0.12mg (1.18%)