



Chocolate Toffee Crunchies

READY IN



40 min.

SERVINGS



48

CALORIES



97 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 2 cups chocolate wafer crumbs (60 wafers)
- 0.3 cup brown sugar packed
- 0.5 cup butter melted
- 0.5 cup butter cubed
- 0.5 cup brown sugar packed
- 1 cup semi chocolate chips
- 0.5 cup pecans finely chopped

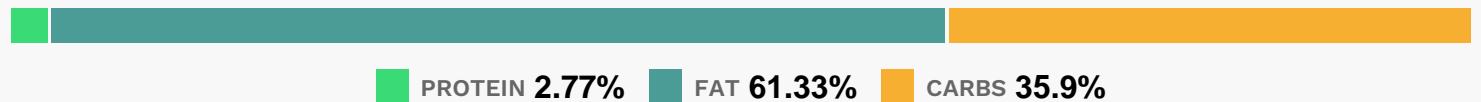
Equipment

- frying pan
- sauce pan
- oven

Directions

- Preheat oven to 350°. Toss wafer crumbs with brown sugar and butter; press into an ungreased 13x9-in. pan.
- Bake until lightly browned, 8-10 minutes.
- For topping, place butter and brown sugar in a small saucepan. Bring to a boil over medium heat; cook and stir 1 minute.
- Pour evenly over crust.
- Bake 10 minutes.
- Remove from oven; let stand 2 minutes.
- Sprinkle with chocolate chips; let stand until chips have softened.
- Spread evenly over top; sprinkle with pecans. Cool completely before cutting.

Nutrition Facts



Properties

Glycemic Index:3.32, Glycemic Load:1.61, Inflammation Score:-1, Nutrition Score:1.4978260846566%

Flavonoids

Cyanidin: 0.12mg, Cyanidin: 0.12mg, Cyanidin: 0.12mg, Cyanidin: 0.12mg Delphinidin: 0.08mg, Delphinidin: 0.08mg, Delphinidin: 0.08mg, Delphinidin: 0.08mg Catechin: 0.08mg, Catechin: 0.08mg, Catechin: 0.08mg, Catechin: 0.08mg Epigallocatechin: 0.06mg, Epigallocatechin: 0.06mg, Epigallocatechin: 0.06mg, Epigallocatechin: 0.06mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Epigallocatechin 3-gallate: 0.03mg, Epigallocatechin 3-gallate: 0.03mg, Epigallocatechin 3-gallate: 0.03mg, Epigallocatechin 3-gallate: 0.03mg

Nutrients (% of daily need)

Calories: 96.74kcal (4.84%), Fat: 6.75g (10.39%), Saturated Fat: 3.53g (22.03%), Carbohydrates: 8.89g (2.96%), Net Carbohydrates: 8.32g (3.03%), Sugar: 6.5g (7.23%), Cholesterol: 10.49mg (3.5%), Sodium: 58.81mg (2.56%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 3.69mg (1.23%), Protein: 0.69g (1.37%), Manganese: 0.14mg

(6.77%), Copper: 0.08mg (4.18%), Magnesium: 10.85mg (2.71%), Iron: 0.48mg (2.66%), Vitamin A: 121.25IU (2.43%), Fiber: 0.57g (2.27%), Phosphorus: 20.33mg (2.03%), Zinc: 0.21mg (1.38%), Vitamin B1: 0.02mg (1.23%), Vitamin E: 0.18mg (1.21%), Potassium: 41.42mg (1.18%), Selenium: 0.71µg (1.02%), Vitamin B2: 0.02mg (1.02%)