

STARTER & SNACK

Chocolate-Topped Crispy Bars

30 September 2026

TOTAL TIME	SERVES	PER SERVING	CALORIES
45 min	24	\$0.38	143 kcal

Chocolate-Topped Crispy Bars takes about 45 minutes from beginning to end. This recipe makes 24 servings with 143 calories, 1g of protein, and 6g of fat each. For 38 cents per serving, this recipe covers 5% of your daily requirements of vitamins and minerals. 1 person has made this recipe and would...

Ingredients

- ☐ 12 ounces ounces chocolate (such as a Toblerone or Hershey's bar)
- ☐ 6 cups rice cereal (such as Rice Krispies)
- ☐ 10 ounce marshmallows
- ☐ 2 tablespoons unsalted butter

EQUIPMENT Bowl, Sauce pan, Baking pan

Method

- 1

In a large saucepan, over medium-low heat, melt the butter and marshmallows, stirring until smooth, 6 to 8 minutes.
- 2

Add the cereal and stir until coated and combined. Press into a 9-by-13-inch baking dish. Roughly chop the chocolate and place it in a heatproof bowl set over (but not in) a saucepan of gently simmering water.
- 3

Spread the chocolate evenly over the rice mixture. Cover and refrigerate 45 minutes.
- 4

Cut into 24 squares.

Nutrition per serving

	143 KCAL	1 g PROTEIN	6 g FAT	24 g CARBS
Saturated Fat				3.5 g · 22% of daily needs
Fibre				0.9 g · 4% of daily needs
Sugar				14.6 g · 16% of daily needs
Sodium				66.5 mg · 3% of daily needs
Cholesterol				2.5 mg · 1% of daily needs
Vitamin C				1.5 mg · 2% of daily needs

Adapted from My Recipes. Find this recipe, ratings and more ideas at whatsheate.com/chocolate-topped-crispy-bars-146648