



Chocolate Truffle Cookies

READY IN



120 min.

SERVINGS



36

CALORIES



96 kcal

DESSERT

Ingredients

- 0.3 teaspoon double-acting baking powder
- 6 tablespoons butter
- 3 eggs
- 0.5 cup flour all-purpose
- 0.3 teaspoon salt
- 1 cup semi chocolate chips
- 4 ounce baker's chocolate unsweetened chopped
- 2 tablespoons cocoa powder unsweetened
- 1.5 teaspoons vanilla extract

1 cup granulated sugar white

Equipment

bowl

frying pan

baking sheet

oven

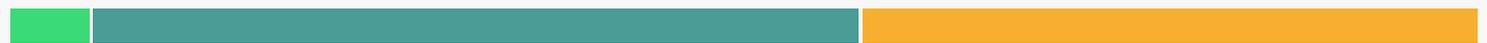
wire rack

microwave

Directions

- In the microwave or in a metal bowl over a pan of simmering water, melt unsweetened chocolate, 1 cup of the chocolate chips, and the butter stirring occasionally until smooth.
- Remove from heat and set aside to cool. In a large bowl, whip eggs and sugar until thick and pale, about 2 minutes. Stir in the vanilla and the chocolate mixture until well mixed.
- Combine the flour, cocoa, baking powder and salt; gradually stir into the chocolate mixture. Fold in remaining 1 cup chocolate chips. Cover dough and chill for at least an hour or overnight.
- Preheat oven to 350 degrees F (175 degrees C).
- Roll chilled dough into 1 inch balls.
- Place on ungreased cookie sheets so they are 2 inches apart.
- Bake for 9 to 11 minutes in the preheated oven. Allow cookies to cool on baking sheet for 5 minutes before removing to a wire rack to cool completely.

Nutrition Facts



PROTEIN 5.65% **FAT 52.29%** **CARBS 42.06%**

Properties

Glycemic Index:7.97, Glycemic Load:4.84, Inflammation Score:-2, Nutrition Score:2.6643478455751%

Flavonoids

Catechin: 2.21mg, Catechin: 2.21mg, Catechin: 2.21mg, Catechin: 2.21mg Epicatechin: 5.01mg, Epicatechin: 5.01mg, Epicatechin: 5.01mg, Epicatechin: 5.01mg Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg

Nutrients (% of daily need)

Calories: 95.54kcal (4.78%), Fat: 5.88g (9.04%), Saturated Fat: 3.46g (21.62%), Carbohydrates: 10.64g (3.55%), Net Carbohydrates: 9.56g (3.48%), Sugar: 7.45g (8.28%), Cholesterol: 18.96mg (6.32%), Sodium: 40.72mg (1.77%), Alcohol: 0.06g (100%), Alcohol %: 0.33% (100%), Caffeine: 7.46mg (2.49%), Protein: 1.43g (2.86%), Manganese: 0.22mg (11.08%), Copper: 0.18mg (9.02%), Iron: 1.05mg (5.86%), Magnesium: 21.38mg (5.35%), Fiber: 1.07g (4.29%), Phosphorus: 37.95mg (3.8%), Selenium: 2.49µg (3.55%), Zinc: 0.52mg (3.45%), Vitamin B2: 0.03mg (1.98%), Potassium: 66.56mg (1.9%), Vitamin A: 80.61IU (1.61%), Folate: 5.94µg (1.49%), Vitamin B1: 0.02mg (1.45%), Calcium: 11.23mg (1.12%)