



Chocolate Velvet Cupcakes

READY IN



80 min.

SERVINGS



24

CALORIES



315 kcal

DESSERT

Ingredients

- ☐ 1 box duncan hines devil's food cake
- ☐ 1 cup cream sour
- ☐ 0.5 cup milk
- ☐ 0.3 cup vegetable oil
- ☐ 3 eggs
- ☐ 1 teaspoons butter flavor shortening
- ☐ 2 tablespoons cocoa powder unsweetened
- ☐ 6 oz chocolate chips
- ☐ 8 oz cream cheese softened

- ☐ 0.5 cup butter softened
- ☐ 3.5 cups powdered sugar
- ☐ 1 teaspoons butter flavor shortening
- ☐ 24 chocolate curls

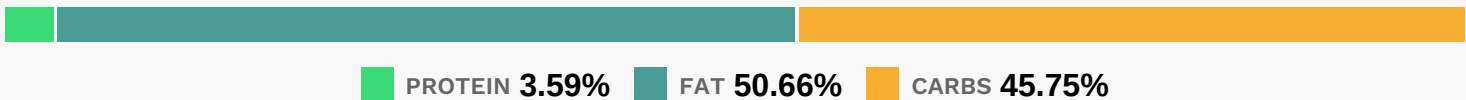
Equipment

- ☐ bowl
- ☐ frying pan
- ☐ oven
- ☐ hand mixer
- ☐ toothpicks
- ☐ muffin liners

Directions

- ☐ Heat oven to 350°F (325°F for dark or nonstick pan).
- ☐ Place paper baking cup in each of 24 regular-size muffin cups.
- ☐ In large bowl, beat all cupcake ingredients except chocolate chips with electric mixer on medium speed about 2 minutes, or until well blended. Stir in chocolate chips. Divide batter evenly among muffin cups.
- ☐ Bake 18 to 24 minutes or until toothpick inserted in center of cupcake comes out almost clean. Cool 10 minutes; remove from muffin pans. Cool completely.
- ☐ In medium bowl, beat cream cheese and butter with electric mixer on medium speed until well blended. Beat in powdered sugar until smooth. Beat in butter flavor until icing is creamy.
- ☐ Place in decorating bag fitted with tip; pipe large swirls on tops of cupcakes. Top with chocolate curls. Store covered in refrigerator.

Nutrition Facts



Properties

Glycemic Index:2.71, Glycemic Load:0.23, Inflammation Score:-3, Nutrition Score:4.0060869659419%

Flavonoids

Catechin: 0.27mg, Catechin: 0.27mg, Catechin: 0.27mg, Catechin: 0.27mg Epicatechin: 0.82mg, Epicatechin: 0.82mg, Epicatechin: 0.82mg, Epicatechin: 0.82mg Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg

Nutrients (% of daily need)

Calories: 314.66kcal (15.73%), Fat: 18.31g (28.18%), Saturated Fat: 6.61g (41.28%), Carbohydrates: 37.21g (12.4%), Net Carbohydrates: 36.55g (13.29%), Sugar: 29.38g (32.64%), Cholesterol: 36.33mg (12.11%), Sodium: 236.04mg (10.26%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 3.8mg (1.27%), Protein: 2.92g (5.84%), Phosphorus: 88.76mg (8.88%), Vitamin A: 394.75IU (7.9%), Selenium: 5.43µg (7.76%), Vitamin K: 6.93µg (6.6%), Calcium: 62.99mg (6.3%), Vitamin B2: 0.11mg (6.2%), Iron: 1.06mg (5.87%), Copper: 0.11mg (5.45%), Vitamin E: 0.8mg (5.36%), Magnesium: 15.52mg (3.88%), Folate: 15.35µg (3.84%), Potassium: 133.66mg (3.82%), Manganese: 0.07mg (3.7%), Vitamin B1: 0.04mg (2.73%), Fiber: 0.67g (2.66%), Zinc: 0.37mg (2.48%), Vitamin B5: 0.22mg (2.25%), Vitamin B12: 0.12µg (2.06%), Vitamin B3: 0.33mg (1.67%), Vitamin B6: 0.03mg (1.5%), Vitamin D: 0.17µg (1.11%)