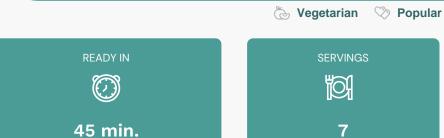


Chocolate Vodka Raspberry Rock Star Cupcake





DESSERT

Ingredients

Ш	1 teaspoon baking soda
	0.5 cup cocoa powder
	0.7 cup cocoa powder
	1 eggs
	1.5 cup flour
	0.3 cup milk

0.5 cup milk

	3 cups powdered sugar
	1 teaspoon raspberry extract
	0.3 cup raspberry jam
	0.5 teaspoon salt
	1 cup sugar
	1 stick butter unsalted
	1 teaspoon vanilla extract
	0.1 cup vodka
	1.5 teaspoons vodka
	0.5 cup water
_	
Eq	uipment
	oven
	mixing bowl
	blender
	hand mixer
	toothpicks
	spatula
	muffin tray
	pastry bag
.	
ווט	rections
	Preheat the oven to 350 degrees F.
	In a large mixing bowl, combine flour, sugar, cocoa powder, baking soda, and salt.
	Add remaining ingredients (with hot water and vodka set aside). Beat with electric mixer for 1 minute. Stop the mixer and scrape down the sides and bottom of mixing bowl with rubber spatula making sure to incorporate all ingredients.
	Add warm water and vodka slowly while mixing for one more minute or until smooth.
	Line 12 cup cupcake or muffin pan 3/4-full with batter.

Bake until the cupcakes are puffed and a toothpick inserted into the center comes out clean, about 20 minutes. Cool the cupcakes completely.
Melt butter and stir in cocoa in a mixing bowl. Alternately add powdered sugar and milk, beating on medium speed to spreading consistency.
Add more milk, if needed. Stir in vanilla extract.
Mix raspberry preserves and vodka to an even consistency. (
Add more vodka if desired)
To assemble:Core the cupcakes and add raspberry filling to top. Generously frost each cupcake with pastry bag and cut 1/2-inch off the tip.
Add fresh raspberries to top if desired.
Nutrition Facts
PROTEIN 4.58% FAT 23.25% CARBS 72.17%

Properties

Glycemic Index:43.73, Glycemic Load:39.78, Inflammation Score:-7, Nutrition Score:12.349565169086%

Flavonoids

Catechin: 9.29mg, Catechin: 9.29mg, Catechin: 9.29mg, Catechin: 9.29mg Epicatechin: 28.16mg, Epicatechin: 28.16mg, Epicatechin: 28.16mg, Quercetin: 1.43mg, Quercetin: 1.43mg, Quercetin: 1.43mg, Quercetin: 1.43mg

Nutrients (% of daily need)

Calories: 630.18kcal (31.51%), Fat: 16.95g (26.07%), Saturated Fat: 10.23g (63.93%), Carbohydrates: 118.37g (39.46%), Net Carbohydrates: 112.21g (40.8%), Sugar: 86.53g (96.14%), Cholesterol: 61.58mg (20.53%), Sodium: 353.88mg (15.39%), Alcohol: 1.99g (100%), Alcohol %: 1.2% (100%), Caffeine: 32.97mg (10.99%), Protein: 7.5g (15.01%), Manganese: 0.75mg (37.3%), Copper: 0.61mg (30.54%), Fiber: 6.16g (24.64%), Selenium: 14.5µg (20.71%), Magnesium: 82.71mg (20.68%), Iron: 3.46mg (19.2%), Phosphorus: 182.4mg (18.24%), Vitamin B1: 0.24mg (16.22%), Vitamin B2: 0.27mg (15.68%), Folate: 58.38µg (14.59%), Vitamin B3: 1.94mg (9.71%), Vitamin A: 484.41IU (9.69%), Zinc: 1.4mg (9.31%), Potassium: 314.53mg (8.99%), Calcium: 69.39mg (6.94%), Vitamin D: 0.69µg (4.58%), Vitamin B12: 0.24µg (4%), Vitamin B5: 0.38mg (3.79%), Vitamin E: 0.5mg (3.33%), Vitamin B6: 0.06mg (3.01%), Vitamin K: 1.67µg (1.59%), Vitamin C: 1.07mg (1.3%)