



Chocolate Witch Cauldrons

READY IN



45 min.

SERVINGS



12

CALORIES



311 kcal

SIDE DISH

Ingredients

- ☐ 0.5 cup butter melted
- ☐ 24 crème-filled chocolate sandwich cookies crushed
- ☐ 10 drops drop natural food coloring green
- ☐ 3.3 ounce chocolate pudding white instant
- ☐ 1 cup milk
- ☐ 12 pretzel sticks
- ☐ 0.5 cup chocolate chips mini
- ☐ 0.8 cup whipping cream

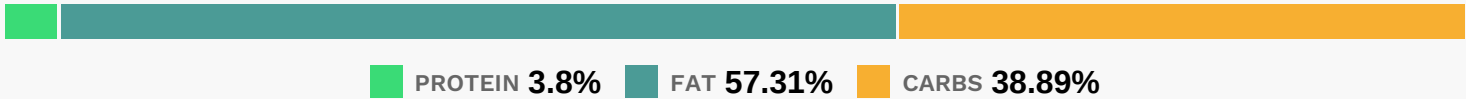
Equipment

- ☐ bowl
- ☐ hand mixer
- ☐ aluminum foil
- ☐ muffin liners

Directions

- ☐ Place foil baking cups in each of 12 muffin cups; set aside.
- ☐ Combine cookie crumbs and melted butter in a bowl; sitr to mix. Spoon 2 heaping tablespoonfuls into each baking cup; press into the bottom and up the sides. Beat together milk, whipping cream, pudding mix and food coloring with an electric mixer on high speed for one minute; sitr in chocolate chips. Spoon pudding mixture into prepared muffin cups. Chill one hour. Before serving, place a pretzel stick into each "cauldron."

Nutrition Facts



Properties

Glycemic Index:14.25, Glycemic Load:0.7, Inflammation Score:-4, Nutrition Score:5.0030434934989%

Nutrients (% of daily need)

Calories: 311.11kcal (15.56%), Fat: 20.19g (31.06%), Saturated Fat: 11.17g (69.8%), Carbohydrates: 30.83g (10.28%), Net Carbohydrates: 29.63g (10.77%), Sugar: 21.18g (23.53%), Cholesterol: 40.71mg (13.57%), Sodium: 288.76mg (12.55%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 3.01g (6.02%), Iron: 3.14mg (17.43%), Vitamin A: 505.25IU (10.1%), Manganese: 0.2mg (9.86%), Vitamin K: 7.91µg (7.53%), Vitamin B2: 0.12mg (7.2%), Vitamin E: 0.97mg (6.45%), Phosphorus: 60.05mg (6%), Copper: 0.11mg (5.52%), Calcium: 51.92mg (5.19%), Fiber: 1.2g (4.79%), Magnesium: 18.61mg (4.65%), Vitamin B1: 0.07mg (4.34%), Folate: 16.71µg (4.18%), Vitamin B3: 0.7mg (3.53%), Potassium: 122.64mg (3.5%), Selenium: 2.39µg (3.42%), Vitamin D: 0.46µg (3.08%), Vitamin B12: 0.15µg (2.49%), Zinc: 0.36mg (2.39%), Vitamin B5: 0.2mg (2%), Vitamin B6: 0.02mg (1.24%)