



Christine's Coffee Liqueur Cookies

READY IN



45 min.

SERVINGS



36

CALORIES



182 kcal

DESSERT

Ingredients

- 0.5 teaspoon baking soda
- 0.8 cup brown sugar packed
- 1 cup butter softened
- 2 tablespoons coffee-flavored liqueur
- 2 eggs
- 2.5 cups flour all-purpose
- 2 teaspoons coffee granules instant
- 0.3 teaspoon salt
- 2 cups semi chocolate chips

0.3 cup cocoa powder unsweetened

1 cup sugar white

Equipment

bowl

baking sheet

oven

wire rack

Directions

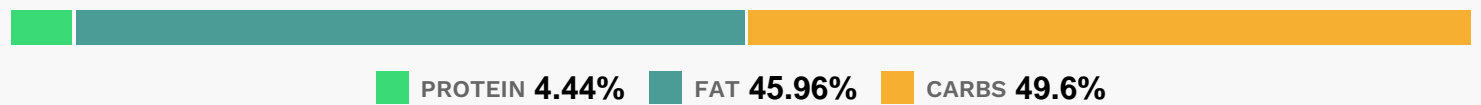
Preheat oven to 300 degrees F (150 degrees C). In a small bowl, dissolve instant coffee crystals into the coffee liqueur; set aside.

In a large bowl, cream together the butter, brown sugar, and white sugar. Gradually add eggs and coffee mixture while mixing. Sift together the flour, cocoa, baking soda, and salt; stir into the creamed mixture. Finally, stir in the chocolate chips.

Drop dough by rounded tablespoonfuls onto a cookie sheet. Cookies should be at least 2 inches apart.

Bake for 23 to 25 minutes. Immediately transfer cookies to cooling rack after baking. These keep well at room temperature or refrigerated.

Nutrition Facts



Properties

Glycemic Index:5.42, Glycemic Load:8.67, Inflammation Score:-2, Nutrition Score:3.5817391626213%

Flavonoids

Catechin: 0.52mg, Catechin: 0.52mg, Catechin: 0.52mg, Catechin: 0.52mg Epicatechin: 1.56mg, Epicatechin: 1.56mg, Epicatechin: 1.56mg, Epicatechin: 1.56mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 181.88kcal (9.09%), Fat: 9.39g (14.45%), Saturated Fat: 5.6g (35%), Carbohydrates: 22.81g (7.6%), Net Carbohydrates: 21.48g (7.81%), Sugar: 14.1g (15.67%), Cholesterol: 23.25mg (7.75%), Sodium: 78.13mg (3.4%), Alcohol: 0.18g (100%), Alcohol %: 0.58% (100%), Caffeine: 12.18mg (4.06%), Protein: 2.04g (4.08%), Manganese: 0.23mg (11.35%), Copper: 0.17mg (8.59%), Selenium: 4.81µg (6.87%), Iron: 1.23mg (6.82%), Magnesium: 24.5mg (6.12%), Fiber: 1.33g (5.32%), Vitamin B1: 0.07mg (4.88%), Phosphorus: 47.92mg (4.79%), Folate: 17.52µg (4.38%), Vitamin B2: 0.06mg (3.77%), Vitamin A: 175.78IU (3.52%), Vitamin B3: 0.64mg (3.19%), Zinc: 0.42mg (2.8%), Potassium: 91.16mg (2.6%), Vitamin E: 0.24mg (1.58%), Calcium: 15.35mg (1.54%), Vitamin B5: 0.12mg (1.21%), Vitamin K: 1.22µg (1.16%)