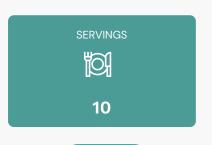


## **Christmas Angel Cake**

airy Free







DESSERT

## Ingredients

0.3 cup coconut flakes flaked
1 grands flaky refrigerator biscuits
1 cupcake liners
10 servings edible gold dust
3 egg whites

- 10 servings m&m candies
- O.3 cup cooking oil
- 16 oz vanilla frosting canned

	1.3 cups water	
	2 cups non-dairy whipped topping frozen thawed	
	18.3 oz cake mix white with pudding	
	10 servings food coloring yellow	
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Eq	uipment	
	bowl	
	frying pan	
	oven	
	wire rack	
	aluminum foil	
Directions		
	Heat oven to 350F. Spray bottom only of 13x9-inch pan with nonstick cooking spray. Line bottom with waxed paper; spray and lightly flour paper. Generously spray and flour 10-oz. custard cup.	
	In large bowl, combine cake mix, water, oil and egg whites; beat at low speed until moistened. Beat 2 minutes at medium speed.	
	Pour 1/2 cup batter into sprayed and floured custard cup.	
	Pour remaining batter evenly into sprayed and floured paper-lined pan.	
	Bake at 350F. until cake springs back when touched lightly in center.	
	Bake custard cup for 20 to 30 minutes; bake 13x9-inch pan for 28 to 33 minutes. Cool cakes in pan and cup for 15 minutes. Invert cakes onto wire rack; remove pan, cup and paper. Cool 30 minutes or until completely cooled.	
	Invert large cake onto flat serving tray or foil-covered 20x15-inch cardboard. To form angel shape, starting at center of one short side, make 2 diagonal cuts to corners of opposite short side, forming a triangular piece in center. Separate piece 1 and 2 from piece 3 at bottom of cake to form wings. (See diagrams.)	
	For angel's halo and head, flatten foil baking cup; place at point of center triangle between wings. Invert small round cake onto halo.	

Nutrition Facts
Store in refrigerator.
Cut wafer cookie and add to cake for songbook. Attach small candies with frosting for hands.
Spread or pipe frosting on head for hair.
Add yellow food color to reserved frosting; blend well.
Place candies on cake for eyes, mouth and buttons.
Sprinkle wings with edible glitter.
Sprinkle coconut over wings.
mixture for hair. Frost sides and tops of cake pieces.
In medium bowl, combine frosting and whipped topping; blend well. Reserve 1/4 cup frosting

PROTEIN 3.14% FAT 36.59% CARBS 60.27%

## **Properties**

Glycemic Index:10.7, Glycemic Load:13.64, Inflammation Score:-2, Nutrition Score:7.0060869416465%

## **Nutrients** (% of daily need)

Calories: 596.17kcal (29.81%), Fat: 24.37g (37.5%), Saturated Fat: 8.21g (51.31%), Carbohydrates: 90.35g (30.12%), Net Carbohydrates: 88.98g (32.36%), Sugar: 65.28g (72.53%), Cholesterol: 2.64mg (0.88%), Sodium: 497.8mg (21.64%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 4.71g (9.42%), Phosphorus: 204.01mg (20.4%), Vitamin B2: 0.32mg (18.7%), Vitamin E: 2.56mg (17.1%), Calcium: 150.51mg (15.05%), Vitamin K: 13.43µg (12.79%), Selenium: 7.67µg (10.96%), Folate: 43.29µg (10.82%), Manganese: 0.18mg (8.91%), Vitamin B1: 0.13mg (8.86%), Iron: 1.45mg (8.08%), Vitamin B3: 1.47mg (7.35%), Fiber: 1.37g (5.47%), Copper: 0.07mg (3.53%), Magnesium: 11.05mg (2.76%), Potassium: 93.82mg (2.68%), Zinc: 0.35mg (2.35%), Vitamin B5: 0.22mg (2.22%), Vitamin B6: 0.03mg (1.3%)