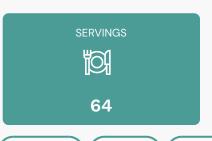


Christmas Bar Packages

Vegetarian







ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

1 cup butter softened
0.5 cup brown sugar packed
0.3 teaspoon ground cinnamon
1 teaspoon vanilla
2.3 cups flour all-purpose
2 cups powdered sugar
0.3 cup butter softened

0.5 teaspoon vanilla

	1 serving purple gel food coloring		
	1 tablespoons frangelico		
Eq	uipment		
	bowl		
	frying pan		
	baking sheet		
	oven		
	knife		
	plastic wrap		
	hand mixer		
	ziploc bags		
Dii	Directions		
	Line 8-inch square pan with plastic wrap. In large bowl with electric mixer, beat all cookie ingredients except flour at medium speed, scraping bowl occasionally, until creamy. Reduce speed to low; beat in flour, scraping bowl occasionally, until mixture forms a dough. Press dough firmly and evenly in pan. Refrigerate 30 minutes.		
	Heat oven to 350°F. Using edges of plastic wrap, lift dough from pan. With sharp knife, cut into 8 rows in each direction to make 64 squares; carefully place squares 1 inch apart on ungreased cookie sheets.		
	Bake 13 to 17 minutes or until edges are lightly browned. Cool 5 minutes; remove from cookie sheets. Cool completely, about 10 minutes.		
	In medium bowl, mix all frosting ingredients except food color until smooth, adding enough half-and-half for desired spreading consistency. In small bowl, mix 1/3 cup of the frosting and enough food color until desired color and well blended; place in small resealable food storage plastic bag and partially seal.		
	Spread uncolored frosting over cooled cookies.		
	Cut small hole in bottom corner of bag of colored frosting. Squeeze bag to pipe frosting onto each cookie to resemble bows.		

Nutrition Facts

Properties

Glycemic Index: 2.81, Glycemic Load: 2.43, Inflammation Score: -1, Nutrition Score: 0.81695651554543%

Nutrients (% of daily need)

Calories: 71.31kcal (3.57%), Fat: 3.88g (5.97%), Saturated Fat: 2.44g (15.24%), Carbohydrates: 8.8g (2.93%), Net Carbohydrates: 8.68g (3.16%), Sugar: 5.36g (5.96%), Cholesterol: 10.17mg (3.39%), Sodium: 31.06mg (1.35%), Alcohol: 0.03g (100%), Alcohol %: 0.28% (100%), Protein: 0.5g (0.99%), Vitamin A: 118.2IU (2.36%), Vitamin B1: 0.03mg (2.32%), Selenium: 1.58µg (2.26%), Folate: 8.2µg (2.05%), Manganese: 0.03mg (1.64%), Vitamin B2: 0.02mg (1.42%), Vitamin B3: 0.26mg (1.32%), Iron: 0.22mg (1.22%)